From: Leslie Roach <noreply@iusd.org> Sent: Thursday, March 26, 2020 4:50 PM

Subject: NHS Update - March 26

Dear NHS Community,

Tomorrow is the last day of school... before Spring Break. Just a reminder that next week, we will not be in session. We hope your student will take time away from their computers, knowing that we will all be back on starting on Monday, April 6th. Distance learning will continue after Spring Break until May 1st. Teachers and course teams have been hard at work designing curriculum to support our students' learning and to maximize support while away. After break, we are back to grading!!! This means that teachers will be providing feedback, assigning grades, and assessments will be in place.

NHS has created a schedule for our students to follow that will maximize flexibility, knowing that families and students have a variety of needs and responsibilities during this time. We ask that students continue to work with their teachers if they need additional support or if they need special considerations. In addition, counselors will continue to be available to support students.

Each day, teachers in specific departments will post <u>at or before 10 am</u> on the assigned days. The assignments will then be due by <u>8 pm</u> the next day. There may also be additional "live" class times or "office hours" that teachers will communicate. We have developed a schedule for teachers with the hope of not overlapping these times. Teachers will also be posting when they will be available to students for support. This will include office hours and ways to be in touch.

When departments will post new work:

Monday/Wednesday: Math, Social Studies, CTE/Arts, PE/Health

Tuesday/Thursdays: Science, English, World Languages/Directed Studies

Fridays: Used for office hours, live time for classes and Teacher Advisement time at 10 AM.

Tomorrow, we will send out a scheduling planner for students so that they can begin to organize themselves before returning from Spring Break.

We would like to remind you that Northwood continues to have a relationship with Paper (formerly GradeSlam). This is an online tutoring service available to all students and most subjects 24 hours a day. We always encourage students to reach out to their teachers first, but Paper is an excellent option for students to receive help with their coursework while we are all working remotely. Students can access this service their class Canvas pages.

Speaking of Canvas...

Counselors have invited all students to a Canvas course by grade level. Students should be able to accept their invitations when they log into Canvas. They will be using this space to deliver pertinent information by grade level. Please encourage your student to accept this invitation. If they did not receive the invitation, please have them email their counselor.

The NHS Counseling Department provides updates via Instagram. Please make sure that you and your student(s) are following us <u>@northwoodhs counseling</u>. Currently, there is a #NHSMentalHealthChallenge that challenges students to exercise positive thinking during this unprecedented time. We look forward to interacting with you on Instagram!

As always, your counselor is here to support you. Remember, if you are concerned for your safety or for the safety of another student, please use the Say Something anonymous reporting system:

- 1-844-5-SAYNOW
- www.saysomething.net
- Mobile App / Say Something

Tomorrow we will send out notification when Quarter 3 grades have posted. Just a reminder, these are basically progress reports.

Today, I want to take the time to say how grateful I am to work at a place with the finest educators in the land. Also, a community that has been willing to come together to support on another in such difficult times, including the death of one of our own students. The outpouring of support including donations and notes, is overwhelming. I was tempted to send you yet another article today, but for today,

I will just say that I am incredibly grateful! Thank you to each of you for being a critical part of this community and making it better in any way you can! #NHSbettertogether.

Sincerely,

Leslie Roach, Ed.D.

Principal

For past emails and information: NHS Updates

Tips and Articles from previous communications:

Tip sheet for coping with stress <u>here</u>.

Playtime, downtime, and family video and material

Family traditions

Nurturing the Amazing Teen Brain

Seven myths about what it takes to raise successful adults

"How to Raise Successful kids" Video

When Siblings Won't Stop Fighting

Happy Children do Chores

Find your safe space video

Teen talk on this unprecedented times here

Keep Calm and Parent On blog

Tip: Think of 5 things you are grateful for while washing your hands. This builds in the hygiene as well as gratitude!

Visit our NHS Challenge Success <u>website</u> where you can find a variety of resources to support you student.

IUSD is committed to keeping you as up to date with accurate information as possible. www.iusd.org/covid19

Access to the Internet – Chromebooks – Email addresses

For those families who need a school device, please contact Eric Keith at erickeith@iusd.org to set up an alternate time.

Due to high-demand across the country, we have very limited hotspots available to support families who do not have internet at home. Our <u>Support Center</u> has information on free and low-cost internet options for families. If these options will not work for your family, or if your family needs additional support, please complete the <u>Technology Access Form</u>.