

新生家長之夜

2027 年畢業生





歡迎！

- 重要的 NHS 訊息
- 選課春季會議
- 獲得支援持並參與其中
- 保持平衡
- 高中畢業後的生活
- 即將舉行的活動
- 問題

掃描簡報



重要訊息





輔導顧問介紹



MJ Kim



Kelsey Loup



Megan Ostovarpour



Allison Singer



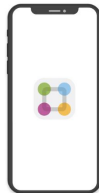
Bailey Phenicie



Kate West



家長資源



Download the ParentSquare Mobile App



bit.ly/NHS-ParentSquare
(scroll down)

- All NHS communication in one place
- Translated messages for families
- For parents, students, and staff

"FOR THE GOOD OF THE PACK"

Helpful Highlights

Aeries	Attendance	Bell Schedules
 <p>Students & parents can check attendance, grades, etc. within 3 days! https://bit.ly/NHS-Aeries</p>	 <p>Call 949.936.7201 to verify absences within 3 days! bit.ly/NHS-Absences</p>	 <p>Odd/Even calendar & different bell schedules bit.ly/NHSbells</p>
Canvas for Parents	Canvas for Students	College & Career Center
 <p>https://bit.ly/NHS-Canvas-Parent</p>	 <p>https://bit.ly/NHS-Canvas</p>	 <p>Keep up with employment, scholarship & volunteer opportunities bit.ly/NHS-CollegeCareer</p>
Email Setup	Free/Reduced Price Meal Program	Integral
 <p>Access your IUSD email account bit.ly/NHSOutlook</p>	 <p>Get a free ASB card & planner, discounts on school events, & more! bit.ly/NHSMealProgram</p>	 <p>Know the schedule for each day, what events are happening on campus, & clubs you can join!</p>
IUSD Login Information	Parent Square	Tutoring
<p>Find your IUSD Login in Aeries https://bit.ly/NHS-Login</p> <p>How to reset your password (student) https://bit.ly/NHS-Reset</p> <p>IUSD Tech Support helpdesk@iUSD.org</p>	 <p>Download the app, enable text alerts & get NHS updates in your home language https://bit.ly/NHS-ParentSquare</p>	 <p>Different types of NHS support are offered including 24/7 online tutoring through Paper bit.ly/NHS-Tutoring</p>

Northwood High School | northwoodhigh.iUSD.org | 949.936.7200

點擊圖像以獲取更多資訊！



課程表和日曆



Northwood High School

Regular Bell Schedule

"For The Good Of The Pack"

Mondays & Fridays Advisement		
Period	Start Time	End Time
0	7:30 AM	8:25 AM
1/2	8:30 AM	10:00 AM
Break	10:00 AM	10:10 AM
Advisement	10:15 AM	10:30 AM
3/4	10:35 AM	12:05 PM
Lunch	12:05 PM	12:40 PM
5/6	12:45 PM	2:15 PM
Break	2:15 PM	2:25 PM
7/8	2:30 PM	4:00 PM

Tuesdays & Thursdays Tutorial		
Period	Start Time	End Time
0	7:30 AM	8:25 AM
1/2	8:30 AM	9:55 AM
Break	9:55 AM	10:05 AM
Advisement	10:10 AM	10:15 AM
Tutorial	10:15 AM	10:50 AM
3/4	10:55 AM	12:20 PM
Lunch	12:20 PM	12:55 PM
5/6	1:00 PM	2:25 PM
Break	2:25 PM	2:30 PM
7/8	2:35 PM	4:00 PM

Wednesdays Collaboration - Late Start		
Period	Start Time	End Time
0	8:30 AM	9:25 AM
1/2	9:30 AM	10:50 AM
Break	10:50 AM	11:00 AM
3/4	11:05 AM	12:25 PM
Lunch	12:25 PM	1:00 PM
5/6	1:05 PM	2:25 PM
Break	2:25 PM	2:35 PM
7/8	2:40 PM	4:00 PM

Compassion Integrity Mutual Respect

Edited 8/2/22

2023-2024 ODD/EVEN CALENDAR

D	Date	O/E	D	Date	O/E	D	Date	O/E	D	Date	O/E	D	Date	O/E	D	Date	O/E	D	Date	O/E	D	Date	O/E	D	Date	O/E	
TH	8/24/23	O	F	9/29/23	E	S	11/4/23	Su	11/5/23	M	11/5/24	Holiday	T	12/10/23	O	W	3/27/24	E	TH	5/22/24	O						
F	8/25/23	E	S	9/30/23	Su	11/5/23	M	12/11/23	O	T	1/16/24	O	W	2/21/24	E	TH	3/28/24	O	F	5/3/24	E						
S	8/26/23	Su	10/1/23	M	11/6/23	E	T	12/12/23	E	W	1/17/24	E	TH	2/22/24	O	F	3/29/24	E	S	5/4/24	O						
Su	8/27/23	M	10/2/23	O	T	11/7/23	O	W	12/13/23	O	TH	1/18/24	O	F	2/23/24	E	S	3/30/24	Su	5/5/24							
M	8/28/23	O	T	10/3/23	E	W	11/8/23	E	TH	12/14/23	E	F	1/19/24	E	S	2/24/24	Su	3/31/24	M	5/6/24	O						
T	8/29/23	E	W	10/4/23	O	TH	11/9/23	O	F	12/15/23	O	S	1/20/24	Su	2/25/24	M	4/1/24	Holiday	T	5/7/24	E						
W	8/30/23	O	TH	10/5/23	E	F	11/10/23	Holiday	S	12/16/23	Su	1/21/24	M	2/26/24	O	T	4/2/24	Holiday	W	5/8/24	O						
TH	8/31/23	E	F	10/6/23	O	S	11/11/23	Su	12/17/23	M	1/22/24	WD	T	2/27/24	E	W	4/3/24	Holiday	TH	5/9/24	E						
F	9/1/23	O	S	10/7/23	Su	11/12/23	M	12/18/23	E	T	1/23/24	O	W	2/28/24	O	TH	4/4/24	Holiday	F	5/10/24	O						
S	9/2/23	Su	10/8/23	M	11/13/23	E	T	12/19/23	Finals	W	1/24/24	E	TH	2/29/24	E	F	4/5/24	Holiday	S	5/11/24	O						
Su	9/3/23	M	10/9/23	E	T	11/14/23	O	W	12/20/23	Finals	TH	1/25/24	O	F	3/1/24	O	S	4/6/24	Su	5/12/24	O						
	3/10/23	O	W	11/15/23	E	TH	12/21/23	Finals	F	1/26/24	E	S	3/2/24	Su	4/7/24	M	5/13/24	E									
	3/11/23	E	TH	11/16/23	O	F	12/22/23	Finals	S	1/27/24	Su	3/3/24	M	4/8/24	O	T	5/14/24	O									
	3/12/23	O	F	11/17/23	E	S	12/23/23	Su	1/28/24	M	3/4/24	E	T	4/9/24	E	W	5/15/24	E									
	3/13/23	E	S	11/18/23	Su	12/24/23	M	1/29/24	O	T	3/5/24	O	W	4/10/24	O	TH	5/16/24	O									
	3/14/23	Su	11/19/23	M	12/25/23	Holiday	T	1/30/24	E	W	3/6/24	E	TH	4/11/24	E	F	5/17/24	E									
	3/15/23	M	11/20/23	O	T	12/26/23	Holiday	W	1/31/24	O	TH	3/7/24	O	F	4/12/24	O	S	5/18/24	O								
	3/16/23	SD	T	11/21/23	E	W	12/27/23	Holiday	TH	2/1/24	E	F	3/8/24	E	S	4/13/24	Su	5/19/24	O								
	3/17/23	O	W	11/22/23	Holiday	TH	12/28/23	Holiday	F	2/2/24	O	S	3/9/24	M	4/14/24	M	5/20/24	O									
	3/18/23	E	TH	11/23/23	Holiday	F	12/29/23	Holiday	S	2/3/24	Su	3/10/24	M	4/15/24	E	T	5/21/24	E									
	3/19/23	O	F	11/24/23	Holiday	S	12/30/23	Su	2/4/24	M	3/11/24	Holiday	T	4/16/24	O	W	5/22/24	O									
	3/20/23	E	S	11/25/23	Su	12/31/23	M	2/5/24	E	T	3/12/24	O	TH	4/17/24	E	TH	5/23/24	E									
	3/21/23	Su	11/26/23	M	1/1/24	Holiday	T	2/6/24	O	W	3/13/24	E	TH	4/18/24	O	F	5/24/24	O									
	3/22/23	M	11/27/23	O	T	1/2/24	Holiday	W	2/7/24	E	TH	3/14/24	O	F	4/19/24	E	S	5/25/24	O								
	3/23/23	O	T	11/28/23	E	W	1/3/24	Holiday	TH	2/8/24	O	F	3/15/24	E	S	4/20/24	M	5/26/24	O								
	3/24/23	E	W	11/29/23	O	TH	1/4/24	Holiday	F	2/9/24	E	S	3/16/24	Su	4/21/24	M	5/27/24	Holiday									
	3/25/23	Tuesday	TH	11/30/23	E	F	1/5/24	Holiday	S	2/10/24	Su	3/17/24	M	4/22/24	O	T	5/28/24	E									
	3/26/23	O	F	12/1/23	O	S	1/6/24	Su	2/11/24	M	3/18/24	O	T	4/23/24	E	W	5/29/24	O									
	3/27/23	E	S	12/2/23	Su	1/7/24	M	2/12/24	O	T	3/19/24	E	TH	4/24/24	O	TH	5/30/24	E									
	3/28/23	Su	12/3/23	M	1/8/24	O	T	2/13/24	E	W	3/20/24	O	TH	4/25/24	E	F	5/31/24	O									
	3/29/23	M	12/4/23	E	T	1/9/24	E	W	2/14/24	O	TH	3/21/24	E	F	4/26/24	O	S	6/1/24	O								
	3/30/23	O	T	12/5/23	O	W	1/10/24	O	TH	2/15/24	E	F	3/22/24	O	S	4/27/24	M	6/2/24	O								
	3/31/23	E	W	12/6/23	E	TH	1/11/24	SO	F	2/16/24	SD	S	3/23/24	Su	4/28/24	M	6/3/24	E									
	1/1/23	O	TH	12/7/23	O	F	1/12/24	E	S	2/17/24	Su	3/24/24	M	4/29/24	E	T	6/4/24	Finals									
	1/2/23	E	F	12/8/23	E	S	1/13/24	Su	2/18/24	M	3/25/24	O	W	4/30/24	O	W	6/5/24	Finals									
	1/3/23	O	S	12/9/23	Su	1/14/24	M	2/19/24	Holiday	T	3/26/24	O	W	5/1/24	E	TH	6/6/24	Finals									
	Testing Day		State of the Student				Start of Sem 2																				
	Super Late Start		Holiday				Staff Development																				

點擊圖像以獲取更多資訊！



出勤很重要！

WERE YOU ABSENT?

- Parent/guardian calls attendance line each day of absence OR bring a written note
- Please include the following info:
 - Student's full name with ID#
 - Date(s) of absence
 - Reason for absence
 - Parent/guardian name & signature with daytime phone #
- Absences must be verified within 3 days to avoid a "cut"

ACCIDENTALLY MARKED ABSENT?

- Go to the Attendance Office and get a pink "Attendance Correction Form"
- Take the form to your teacher
- Return the form to the Attendance Office
- This is a student's responsibility

ATTENDANCE CORRECTION FORM

Student Name: _____

Student's Class: _____

Change to: _____

Parent: _____

Student Signature: _____

ATTENDANCE PROCEDURES



NHS 24-Hour Attendance Line:
(949) 936-7201

NEED TO LEAVE SCHOOL EARLY?

- Bring a note to the attendance office before school with the following info to get an Early Release Form:
 - Dismissal time
 - Date and reason for absence
 - Parent/Guardian name & signature
- Give the Early Release Form to your teacher
- Go to the Attendance office to sign out before leaving campus
- If you leave school without signing out, you will receive a "Cut" for the period/day

EARLY RELEASE FORM

Student Name: _____

Student's Class: _____

Dismissal Time: _____

Reason for Absence: _____

Parent/Guardian Name: _____

Parent/Guardian Signature: _____

Parent/Guardian Phone: _____

WHAT TYPES OF ABSENCES ARE THERE?

All verified absences fall into two categories: excused or unexcused.

- Excused absences = illness, medical/dental appts, etc.
- Unexcused absences = trips, family business, etc.

Unverified absences will result in "cuts" and possible disciplinary action

- Chronic absenteeism = missing 2+ days/month
- Tardies can accumulate and lead to unverified absences

點擊圖像以獲取更多資訊！



其他 NHS 資源

- NHS website and counseling website (NHS 網站和輔導網站)
 - Weekly bulletin (每週公報)
 - Program of Studies (學習計劃)
 - College/Career Center Newsletter (大學/職業中心通訊)
 - Integral App (一體化的 APP)
 - ParentSquare (家長廣場)
-

課程選擇 和 春季會議





什麼是春季會議？

春季會議的主要目的是為你申請高中二年級的課程！

- 與學生的指導老師進行20分鐘的單獨會議
 - 預計家長/監護人出席！
 - 會議週期間
 - 您的老師會告訴您如何選擇會議日期時間
 - 主題包括：
 - 詢問學生狀況
 - 對10年級請求的審查
 - 輸入10年級的課程要求！
-



2023-24 SOPHOMORE COURSE REQUESTOR



Name: _____
Advisor: _____

INSTRUCTIONS

- Take this sheet to your current teachers for placement recommendations and teacher signatures for all academic courses.
- CIRCLE** the names of courses you have chosen for sophomore year.
- Remotivators are due back to your advisor by April 14.
- Enter these course names on the **PLANNING WORKSHEET** at your upcoming Spring Conference with your advisor.

CODES: * = UC/CSU Approved A = Fall Semester B = Spring Semester BOLD = Open Enrollment

ENGLISH
11213/11214 Hum Core: US Literature A/B* (& Honors) _____

ENGLISH ELECTIVES

1006/1016 Read/Write _____
1599/1600 Journalism A/B* _____
1065/1066 Creative Writing A/B* _____
1604/1605 NHS Howler A/B* _____

MATH

3047/3048 Math I A/B* _____
3049/3050 Math II A/B* _____
3053/3052 Enhanced Math II A/B* _____
3053/3054 Math III A/B* _____
3064/3065 AP Precalculus* NEW! _____
3061/3062 Math 4 A/B* _____

CAREER TECH EDUCATION (CTE)

7270/7271 Computer Graphics A/B* _____
7288/7289 Intermediate Comp. Graph A/B _____
7153/7154 Video Production A/B* (Beg) _____
7784/7785 The Art of Television/Film A/B* (Int) _____
9071/9072 ROP Broadcast News A/B* (Adv) _____
(See Mr. Sellwood for approval)

8820 Foods (semester) _____
7073/7074 Introduction to Culinary Arts A/B* _____
9371/9372 Advanced Culinary Arts A/B* _____
5436/5437 IVC Bio Tech 70, 70L, Bio 10 – UC Transferable _____
(Please note: class is Tuesdays from 4:15-6:30pm)

9077 IVC Business & Entrepreneurship _____
9816 IVC 107 - Design Psych Child/Adol (@ Portola) _____
9817 IVC 101S - Socialization of the Child (@ Portola) _____

Date of Conference: _____

Parent Approval of Course Requests: (TA Initials) _____

In-Person: _____ Virtual: _____

HISTORY
62004/62005 Hum Core: US History A/B* (& Honors) _____

SCIENCE

5176/5177 Integrated Science 2 A/B* (& Honors) _____

WORLD LANGUAGES

2012/2013 French 1 A/B* _____
2022/2023 French 2 A/B* _____
2042/2043 French 3 A/B* _____
2312/2313 Spanish 1 A/B* _____
2322/2323 Spanish 2 A/B* _____
2342/2343 Spanish 3 A/B* _____
2371/2372 Spanish 4 A/B* _____
2611/2612 American Sign Lang. 1 A/B* _____
2700/2701 American Sign Lang. 2 A/B* _____
2410/2412 Korean 1 A/B* _____
20000/20001 Korean 2 A/B* _____
2417/2418 Korean 3 A/B* _____

GENERAL ELECTIVES

8005 Health (semester) _____
2348 Language, Culture & Identity (semester) _____
8991/8992 Leadership A/B _____
9709/9710 Tech Staff A/B _____
(See Mr. Patazun in the Library)

9746/9747 Teaching Assistant _____
(See Mr. Green in Room 1401)

9000/9001 COASTLINE ROP FALL/SPRING

All **ROP** classes are Open Enrollment. Submit an interest form at uicv.uoi.edu/rop and our ROP coordinator will contact you!

Course offerings include, but are not limited to:

Animal Healthcare	CSI: Crime Scene Investigation	Nursing
Automotive	Emergency Medical Responder	Pharmacy Tech
Construction	Fire Science	Sports Medicine
Dental Assistant	Administration of Justice	Careers with Children

Due to recent funding, additional Arts courses are now open enrollment but will remain subject to availability based upon class size and schedule space.

ARTS

7547 Jewelry and Metal Arts (semester) _____
7007/7008 Introduction to Art A/B* _____
(Drawing A/B* _____
Print Design A/B* _____
Print & Design A/B _____
ics A/B* _____
ate Ceramics A/B* _____
tory* _____
alternatives in case class is full: _____

gery A/B* (photo) _____
Visual Imagery A/B* _____
ory A/B* _____
Theory A/B* _____
alternatives in case class is full: _____

hnique 1 A/B* _____
hnique 2 A/B* _____
hnique 3 A/B* _____
ater A/B* _____
* _____
/B* _____
A/B _____
Exam in Room 1223

Band (01 - must do enroll in an ensemble)
ble A/B* (02 & 3pr - must do enroll in MB)
rd (01)

_____ places students in their own band/orchestra/class.

and A/B* (Open to all)
c Band A/B* _____
mble A/B* _____
phony A/B* _____
hestra A/B* (Open to all)
Orchestra A/B* _____
chestra A/B* _____
nic Orchestra A/B* _____
A/B* (Open to all)
A/B* (Open to all)
A/B* _____
lorale A/B* _____
singers A/B* _____
rama A/B* (Open to all)
ite Drama A/B* _____
Drama A/B* _____
Theater A/B* (Open to all)
Technical Theater A/B* _____

ONLINE/BLENDED LEARNING CLASSES

See your counselor about taking an IUSD online class next fall or spring.

PHYSICAL EDUCATION
Basketball A/B
4251/4252 Court/Racquet Sports A/B
4334/4335 Fitness & Strength (Warrior Fitness) A/B
4459/4470 yoga A/B
4030/4031 Weight Training A/B
4473/4474 (Dance 1-3 & Dance: Theater also meet PE req for Grades 10-12)

ATHLETICS

Fall Sports
4035 Pep Squad
4513 Boys Lacrosse (off season)
4512 Cross Country
4650 Girls Lacrosse (off season)
4528 Boys Water Polo (no cut)
4744 Softball (off season)
4541 Football (no cut)
4779 Baseball (off season)
4765 Girls Golf
4770 Girls Tennis
4784 Girls Volleyball

Winter Sports
4534 Girls Water Polo (no cut)
4597 Girls Basketball
4604 Boys Basketball
4623 Girls Soccer
4624 Boys Soccer
4632 Wrestling

Spring Sports
4036 Pep Squad
4546 Football (off season)
4610 Swimming and Diving
4636 Wrestling (off-season)
4718 Track and Field
4785 Girls Volleyball (off season)
4760 Softball
4751 Baseball
4764 Boys Golf
4772 Boys Tennis
4790 Boys Volleyball
4795 Boys Lacrosse
4797 Girls Lacrosse

UTILITY / OPEN PERIOD
To ensure all students have 4 periods in the schedules.
No Per 1 & 2 (Fall)
8989 No Per 1 & 2 (Spring)
9884 No Per 1 or 2 (Fall)
9896 No Per 1 or 2 (Spring)
9898 No Per 5 or 6 (Fall)
9900 No Per 5 or 6 (Spring)
9901 No Per 7 & 8 (Fall)
9902 No Per 7 & 8 (Spring)
9903 No Per 7 or 8 (Fall)
9904 No Per 7 or 8 (Spring)

課程請求

*在春假後，
Advisement 課中發給學生



其他值得考慮的課程

COASTLINE ROP
Innovate • Educate • Inspire

COASTLINE ROP

Coastline ROP is a career and technical education (CTE) provider that prepares both high school students and adults for a wide range of careers and further educational opportunities. The ROP course of study combines classroom instruction with hands-on learning and internship opportunities.

Jennifer Stead,
ROP Career Specialist

Mondays & Thursdays
8am-4:30pm

jenniferstead@iusd.org
(949) 936-7275 NWHS
(949) 936-7921 WBHS

Jennifer Stead is excited to be the new ROP Career Specialist at Northwood High School. She comes to us with over 22 years of experience in education working at local colleges as an academic advisor and admissions counselor. She is looking forward to growing our ROP program and guiding student to find a new career interest.

COASTLINE ROP
Innovate • Educate • Inspire



Dual Enrollment Students

Programs for K-12 students

點擊圖像以獲取更多資訊！



10 年級課程

所有 10 年級學生必須學習以下課程：

美國文學

美國歷史

綜合科學 2

數學

選修課 1

選修課 2



高中畢業要求

內容範圍	高中文憑要求
成績要求	D- 或 更好
英文	4 年 / 40 學分
數學 必須完成數學 2	3 年 / 30 學分
科學	3 年 / 30 學分
社會科學 世界歷史 美國歷史 經濟與政府	3 年 / 30 學分
外語 或 美術 或 CTE (職業技術教育)	1 年 / 10 學分
體育	2 年 / 20 學分
健康教育	5 學分
選修課	60 個額外學分

至少需要 225 個學分才能畢業



高中畢業學分總結

可以在 Aeries 的“成績單”
下找到

Student Name	Student ID	Grade	Birthdate	Counselor	Transcript of Student Progress WASC ACCREDITED SCHOOL						
Parent/guardian name, address, telephone					February 24, 2024 Northwood High School 4515 Portola Parkway Irvine, CA 92620 (949) 936-7200 Fax (949) 936-7209						
Crs-ID	Course Title	Mark	Att/Cmp	Crs-ID	Course Title	Mark	Att/Cmp	Crs-ID	Course Title	Mark	Att/Cmp
Grd 9 Fall 23-24 Northwood High School											
p	10008	Hum Wrk/LA	B	5.00	5.00						
p	2312	Spanish 1A	A	5.00	5.00						
p	3047	Math IA	B+	5.00	5.00						
*	4013	PE Coed A	A+	5.00	5.00						
p	5274	H Int Sci-1 A	A+	5.00	5.00						
p	62000	Hum Wrk/His A	B+	5.00	5.00						
p	7098	Video Prod A	A-	5.00	5.00						
Credit Att: 35.00 Cmp: 35.00 AGPA: 3.5000											
Work in Progress: Northwood High School											
p	10009	Hum Wrk/LB		5.00	0.00						
p	2313	Spanish 1B		5.00	0.00						
p	3048	Math IB		5.00	0.00						
p	4444	Dance Tech 2B		5.00	0.00						
p	5273	Int Science-1B		5.00	0.00						
p	62001	Hum Wrk/His B		5.00	0.00						
p	7099	Video Prod B		5.00	0.00						
*	9811	Advisement		0.00	0.00						
*	9904	No Per 7/8 SA		0.00	0.00						
Total Credit: 35.00											

Course Tags:	* = Non Academic	++ = Honors (weighted)	p = College Prep	r = Repeated	EDIT SUM
Weighted Non-Wgtd					Subject English Mathematics 1 Mathematics 2 Mathematics Elective Life Science Physical Science Sci Yr3 Physics-based Science Electives American Govt. U.S. History Health Physical Education Lang Fine Arts CTE World Cultures Economics General Electives * TOTALS *
Academic GPA	3.5000	3.5000		Credit	
Total GPA	3.5714	3.5714		Credit	
Credit Attempted:	35.00			Credit	
Credit Completed:	35.00			Credit	
District Enter: School Enter: 8/24/2023					
Class of 2027					
State ID#					

This transcript is unofficial unless
signed by a school official.

Signature: _____

Date: _____

Subject Area	CREDIT SUMMARY Credit Req'd	Compl	Needed
English	40.00	5.00	35.00
Mathematics 1	10.00	5.00	5.00
Mathematics 2	10.00	-	10.00
Mathematics Elective	10.00	-	10.00
Life Science	10.00	5.00	5.00
Physical Science	10.00	-	10.00
Sci Yr3 Physics-based	-	-	-
Science Electives	10.00	-	10.00
American Govt.	5.00	-	5.00
U.S. History	10.00	-	10.00
Health	5.00	-	5.00
Physical Education	20.00	5.00	15.00
Lang Fine Arts CTE	10.00	10.00	-
World Cultures	10.00	5.00	5.00
Economics	5.00	-	5.00
General Electives	60.00	-	60.00
* TOTALS *	225.00	35.00	190.00



a-g UC / CSU 的要求

內容範圍	A-G 要求
成績要求	C- 或更好
A. 歷史 包括世界歷史和美國歷史	2 年 / 20 學分
B. 英文	4 年 / 40 學分
C. 數學 必須完成數學 3 或以上	需 3 年 / 30 學分, 建議 4 年 / 40 學分
D. 科學 實驗室科學, 包括物理和生命科學	2 年 / 20 學分, 建議 3 年 / 30 學分
E. 英語以外的語言 (LOTE) <i>Must be the same language</i>	2 年 / 20 學分, 建議 3 年 / 30 學分
F. 視覺/表演藝術 來自同一學科, 包括視覺藝術、舞蹈、戲劇和 /或音樂	1 年 / 10 學分
G. 核准的選修課 額外的 A-F 課程或符合 G 要求的選修課程	1 年 / 10 學分



畢業要求與 a-g 要求

內容範圍	NHS 文憑要求	A-G 要求
及格成績	D- 或更好	C- 或更好
英文	4 年	4 年
數學	3 年 需要完成數學 2	需要 3 年, 建議 4 年 需要完成數學 3
科學	3 年	需 2 年, 建議 3 年 1 年物理和 1 年生物科學
社會科學	3 年	2 年
世界歷史	1 年	1 年
美國歷史	1 年	1 年
經濟學	1 個學期	
政府	1 個學期	
外語/美術/CTE	1 年	2 年外語和 1 年視覺/表演藝術
體育	2 年	
健康教育	1 個學期	
選修課	60 額外學分 = 225 個總學分	1 年 - 從核准的 a-g 課程清單中選擇



NHS a-g 認可 課程

點擊圖片即可在線上存取文件！

UC/CSU - Approved Courses Northwood High School | 2023-2024

Courses in **BOLD** are weighted.
Most **ROP** Courses are approved; see your counselor for details.
This list is specific to the school year listed above; for previous years, see the [UC/CSU A-G Course List](#).

a - HISTORY / SOCIAL SCIENCE

2 years required, including 1 year of World History and 1 year of US History, or 1 semester of US History and 1 semester of American Government

- Humanities World History
- Honors Humanities World History
- World History Sheltered
- Humanities US History
- Honors Humanities US History
- American Government (semester)
- **AP World History**
- **AP US History**
- **AP American Government (semester)**

b - ENGLISH

4 years required

- Humanities World Literature
- Honors Humanities World Literature
- Humanities US Literature
- Honors Humanities US Literature
- European Literature
- **Honors European Literature**
- Contemporary Literature
- **AP English Literature & Composition**
- **Honors Critical Theory and Literature**

c - MATHEMATICS

3 years required, including completion of Algebra II or Math III;
4 years recommended

- Math I
- Math II or Enhanced Math II
- Math III or **Enhanced Math III**
- Math 4
- **AP Statistics**
- **AP Computer Science A**

d - LABORATORY SCIENCE

2 years required; 3 years recommended

- Integrated Science 1
- Honors Int. Science 1
- Integrated Science 2
- Honors Int. Science 2
- Integrated Science 3
- **Honors Int. Science 3**
- Anatomy & Physiology
- Marine Science
- Principles of Engineering
- **Geology**
- **Honors Forensic Science**
- **Honors Interdisciplinary Climate Explorations (ICE)**
- **AP Biology**
- **AP Chemistry**
- **AP Physics 1**
- **AP Environmental Science**
- **AP Computer Science Principles**

e - LANGUAGE OTHER THAN ENGLISH

2 years required; 3 years recommended

- American Sign Language 1, 2, & 3
- French 1, 2, & 3
- **Honors French 4**
- Korean 1, 2, & 3
- Spanish 1, 2, & 3
- **Honors Spanish 4**
- **AP Spanish Language and Culture**

f - VISUAL & PERFORMING ARTS

1 year required; can be 2 different semester courses from the same discipline

DANCE

- Dance Tech 1, 2, & 3
- Dance Theater

MUSIC

- Bass Clef
- Bel Canto
- Chamber Singers
- Concert Band
- Concert Chorale
- Concert Orchestra
- Guitar Studio
- Guitar 2
- Jazz Ensemble 1, 2, 3, & 4
- Music Theory
- **AP Music Theory**
- Philharmonic Orchestra
- String Orchestra
- Symphonic Band
- Symphonic Orchestra
- Treble Clef
- Viva Cantor
- Wind Ensemble
- Wind Symphony

THEATER

- Creative Drama
- Intermediate Drama
- Advanced Drama
- Technical Theater
- Advanced Technical Theater

VISUAL ARTS

- Introduction to Art
- Painting/Drawing
- Art Portfolio Prep
- **AP Studio Art-Drawing**
- **AP Art History**
- Beginning Ceramics
- Intermediate Ceramics
- Advanced Ceramics
- Computer Graphic Art
- **AP Studio Art-2-D Design**
- Beginning Screen Printing & Design
- Video Production
- Art of TV/Video
- Visual Imagery (Photography)
- Advanced Visual Imagery

INTERDISCIPLINARY ARTS

- ROP Broadcast News (NTV)

g - COLLEGE PREPARATORY ELECTIVE

1 year; can be chosen from a-f or from these courses

- Anthropology (semester)
- Business Communication
- Intermediate Computer Graphics
- 3-D Animation & Design
- Creative Writing 1 & 2
- Advanced Creative Writing
- Culinary Arts 1
- Advanced Culinary Arts & Management
- Economics (semester)
- Economics of Business (semester)
- Honors Political Economy (semester)
- Beginning Journalism
- NHS Newspaper (Howler)
- Psychology (semester)
- **Honors Forensic Psychology**
- Speech & Debate
- World Religions (semester)

OFF-SITE ROP CLASSES (through Coastline)

For a list of courses see: [UC/CSU A-G Course List](#)



獲得支援並參與其中





學術支援

- 教師 - 您的第一資源！
- 輔導班 (Tutorial)
 - 每週 二 & 四
- Tutor Center (輔導中心)
 - Peer tutors (同儕指導)
 - 週一至週四第 7 及第 8 課期間
 - NHS 圖書館
 - 免費的！歡迎來訪！
- Aeries Weekly Progress Report (Aeries 每週進度報告)
- Canvas Parent Account (Canvas 家長帳戶)
- Paper Tutoring (Paper 文章輔導)
- Parent Portal (家長門戶網站)
- 您的輔導顧問





參與 NHS 的方式

- 社團
- 競技
- 藝術
- 學生領導地位
 - 班級理事會
 - 聯合的學生團體 (ASB)
 - 學生論壇



保持平衡





學生福祉

你怎樣才能成為最好的自己？

- 保持健康的平衡
 - 學業、課外活動、睡眠、運動和個人/社交生活
- 發現興趣和熱情的領域
 - 挑戰並專注於這些領域
 - 你不能做所有的事
 - 大學對你的課外選擇有何評價？





您的學生如何度過他們的時間？

使用我們的 time management tool 幫助您的學生計劃他們每週的學校工作承諾！

NHS Time Management Matrix

Complete this form for your busiest semester.

	Activity	Avg Hours / Week
School Hours and Homework	School (5 days, 6-7.5 hours per day)	(30-37.5 hours)
	Homework - Class 1	
	Homework - Class 2	
	Homework - Class 3	
	Homework - Class 4	
	Homework - Class 5	
	Homework - Class 6	
	Homework - Open Enrollment Class 7	
	Homework - Open Enrollment Class 8	
	Travel Time to/from School x 5 days	
TOTAL SCHOOL HOURS		
Extra-Curricular Activities	NHS Team Sports (usually 2-4 hours / day)	
	Athletics (outside of school)	
	Community Service	
	Music / Performances	
	Paid Job	
	Hobbies / Interests	
	Other Activities: academic support, tutoring, college application prep, religion/cultural schools and activities	
	TOTAL EXTRA-CURRICULAR HOURS	
Daily Living Activities	Sleep (7 days, 8-9 hours per night)	(56-63 hours)
	Necessities (eating, showering, chores, etc.)	
	Family Time	
	Free Time (friends, internet, TV, phone, etc.)	
	Other	
	TOTAL DAILY LIVING ACTIVITIES HOURS	
	School Hours and Homework	
	Extra-Curricular Activities	
	Daily Living Activities	
Total Hours	TOTAL HOURS	

MAX 168

高中畢業後的生活





高中後的選擇

四年制大學/學院

職業學校或學徒

社區大學

休學一年 (志工, 旅行等)

工作/實習

兵役





大學選擇

- 加州公立學校
 - 加州大學 (UC)
 - 加州州立大學 (CSU)
 - 社區大學
- 私立/獨立學院
- 州外選項





NHS 學院和職業中心

- 學院資源
- 大學及職業網站/通訊
- 獎學金
- 大學參觀
- 職位和工作許可證
- 職業演講者
- 社區服務



Kathi Smith
大學和職業專家

即將舉行的活動





期待

- **9 年級**
 - 春季會議 (2024年4月22日至26日)
- **10 年級**
 - 高中二年級家庭早會 (2024 年秋季)
 - 高中二年級學生會議 (十一月至四月)
- **11 年級**
 - 高中 11 年級小組會議 (2026 年春季)
 - 高中 11 年級家庭之夜 (2026 年春季)
- **12 年級**
 - 高中 12 年級規劃會議 (2026 年秋季)
 - 大學申請工作坊





高中二年級會議

- **與輔導顧問和學生進行 30 分鐘的單獨會議**
 - 強烈鼓勵家長/監護人出席
 - 高中 11 年級和 12 年級的學業計劃

 - **會議將於 11 月至 4 月舉行**
 - 所有會議將在 11 年級選課之前完成；不用擔心你的第一個還是最後一個！
-



謝謝您們的到來！



輔導老師在台上解答問題！



請掃代碼參加！
