



Northwood High School 2023 Summer Skills Camps



Purpose

NHS Athletics exists to foster a learning environment reflective of the school's core values, where all student-athletes can compete for the greater purpose of developing personal character and commitment to teamwork and community. Camps are open to all current and incoming Northwood students, are purely recreational, and are completely voluntary. Daily attendance aids in development, but is not required. Participation in camps is not offered for credit and is not a prerequisite for equal access to participate in athletics during the school year. Fueled by a strong commitment by both our athletes and our coaching staff, Northwood High School's Summer Skills Camps are designed to teach fundamental skills in each sport and to help build up proper strength and conditioning.

Policies

Operations of camp (e.g. staffing, equipment, etc.) are dependent on accurate projections of accounting and budgeting. As such, NHS summer camp administration adheres to the following policies:

- No refunds or pro-rating of camps
- All student-athletes must be cleared before the start of camp (please see the Clearance Process section below)
- An athletic trainer's attendance is not guaranteed for the duration of each summer camp

Registering and Paying for Summer Camp

There are two ways that you can pay for Summer Camp:

1. Checks or cash can be dropped off at the school to the SAC (Student Activities Center) with Mrs. Barin
 - All checks must include the student's name and sport listed on the memo line of the check
2. Campers can register at the NHS Webstore using the QR code or bitly at right
 - See the boxes below for webstore registration information



bit.ly/NHSSummer23

How to Create a Webstore Account	How to Register for Summer Camp
Once on the Webstore homepage, click "My Account" then "Register for an Account". Under "Are you a student?", click "Yes" and register your account using your nine-digit student ID number.	Once you are logged into your Webstore account, click the dropdown menu under "Product Categories" and click "Athletics". You can then click on individual summer camps to add them to your cart and check out. A 5% fee is added to the cost of the camp to process a credit card payment.

Please note, there is special pricing available for students in the Free and Reduced Meal (FRMP) Program. If you are unsure of your student ID number or want to inquire about the FRMP Program please email the Co-Athletics Directors.

Clearance Process

Camp participants must complete the athletics clearance process online at www.athleticclearance.com. Blank physical forms can be printed from the NHS website under **Athletics**. The clearance process is paperless; nothing needs to be turned in by hand. For questions or assistance, contact the Co-Athletics Directors. All athletics clearances must be completed before the first day of camp in order to participate.

Questions? Email Us!

Brandon Emery (BrandonEmery@iusd.org) - Co-Athletics Director
Sierra Wang (SierraWang@iusd.org) - Co-Athletics Director

Notice of Non-Discrimination in Athletics

IUSD does not discriminate in enrollment in or access to any athletics program available. Admission to these programs is based on age appropriateness, team roster space, aptitude and meeting academic and behavioral eligibility requirements. The lack of English skills shall not be a barrier to admission to or participation in the District's activities and programs. IUSD's facilities and equipment provided for students are comparable and equitable to both sexes without disparity or imbalance, consistent with his or her gender identity, irrespective of the gender listed on the pupil's record. For additional information, see www.iusd.org (Board Policy 5145.5)

Fall Sports

<p>Girls Volleyball Head Coach: Nicole Grau NicoleGrau@iusd.org July 5 - July 27 (M - Th only) Returners: 8 - 10 AM New Athletes: 10 AM - 12 PM \$275</p>	<p>Football Head Coach: JC Clarke JCClarke@iusd.org June 19 - July 13 (M - Th only) 8 - 11 AM \$275</p>	<p>Girls Golf Head Coach: Zach Halop ZachHalop@iusd.org No Summer Camp</p>
<p>Girls Tennis Head Coach: Kayla Almazan KaylaAlmazan@iusd.org June 19 - July 14 New Athletes & FS: 12:30 - 1:30 PM Junior Varsity: 1:30 - 3 PM Varsity: 2:30 - 4:30 PM \$275</p>	<p>Cross Country Head Coaches: Louis Muniz / Megan Stuart LouisMuniz@iusd.org MeganStuart@iusd.org July 5 - July 28 7 - 10 AM \$275</p>	<p>Boys Water Polo Head Coach: Kyle Kim-E KyleKimE@iusd.org June 19 - July 14 7 - 9:30 AM \$275</p>

Winter Sports

<p>Boys Basketball Head Coach: Christian Manalo ChristianManalo@iusd.org June 19 - July 14 New Athletes & Junior Varsity: 12 - 2 PM Varsity: 2 - 4 PM \$275</p>	<p>Girls Basketball Head Coach: Park Glezman ParkGlezman@iusd.org June 26 - July 21 (M - Th only) 4 - 6 PM \$275</p>	<p>Boys Soccer Head Coach: Harry Lee HarryLee@iusd.org June 19 - 29 (M - Th only) 8 - 10 AM AT MEADOWWOOD PARK \$185</p>
<p>Girls Soccer Head Coach: Miguel Mendoza MiguelMendoza@iusd.org June 19 - 29 (M - Th only) 8 - 10 AM \$185</p>	<p>Girls Water Polo Head Coach: Kyle Kim-E KyleKimE@iusd.org June 19 - July 14 11 AM - 1 PM \$275</p>	<p>Wrestling Head Coach: Kyle Ennis KyleEnnis@iusd.org July 17 - 28 1 - 3 PM \$185</p>

Fall & Winter Tryout Information

Athletic team tryout information can be found at the NHS website under **Athletics** or by going [here: bit.ly/NHstryouts](https://bit.ly/NHstryouts)

Spring Sports

<p>Baseball Head Coach: Doug Euper DouglasEuper@iusd.org New Athletes: June 19 - 30 10 AM - 12 PM \$185 Returners: June 19 - July 14 3 - 5 PM \$275</p>	<p>Boys Golf Head Coach: Zach Halop ZachHalop@iusd.org No Summer Camp</p>	<p>Boys Lacrosse Head Coach: Michael Sleiman MichaelSleiman@iusd.org July 17 - 28 8 - 10 AM \$185</p>
<p>Girls Lacrosse Head Coach: Nathan Parr NathanParr@iusd.org July 17 - 28 11 AM - 1 PM \$185</p>	<p>Boys Volleyball Head Coach: Brendan Geck BrendanGeck@iusd.org July 17 - 28 (M - Th only) 12 - 2 PM \$185</p>	<p>Swimming & Diving Head Coach: Alex Nieto AlejandroNieto@iusd.org No Summer Camp</p>
<p>Boys Tennis Head Coach: Kayla Almazan KaylaAlmazan@iusd.org June 19 - July 14 New Athletes & FS: 12:30 - 1:30 PM Junior Varsity: 1:30 - 3 PM Varsity: 2:30 - 4:30 PM \$275</p>	<p>Track & Field Head Coaches: Louis Muniz / Megan Stuart LouisMuniz@iusd.org MeganStuart@iusd.org June 19 - 30 6:30 - 8 PM \$185</p>	<p>Softball Head Coach: Maddy Grimm MaddyGrimm@iusd.org June 19 - 23 July 17 - 21 11 AM - 1 PM \$185</p>