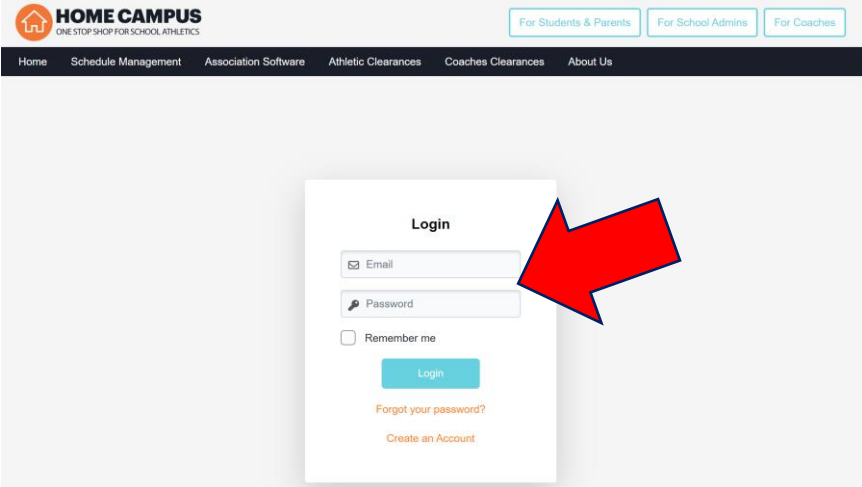
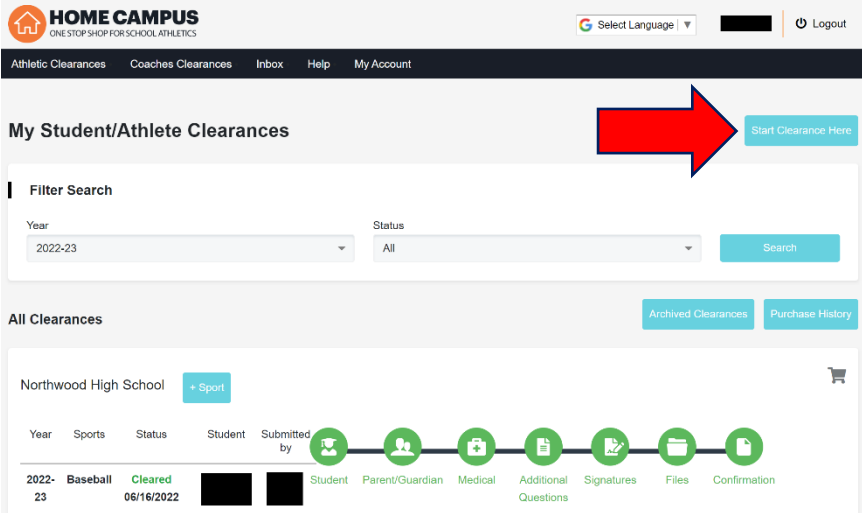
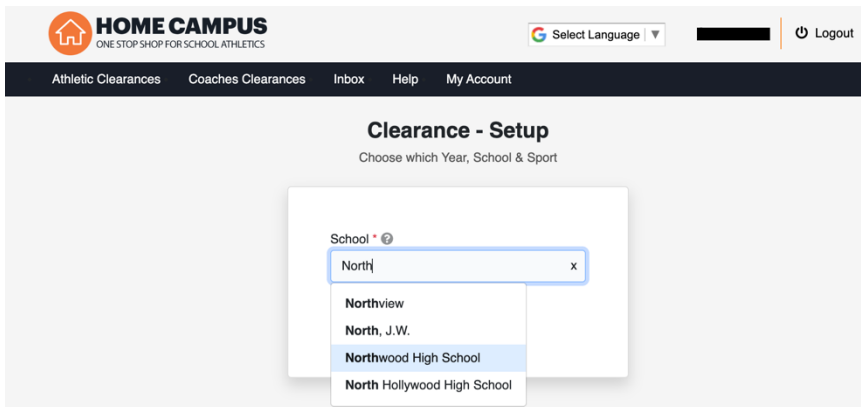
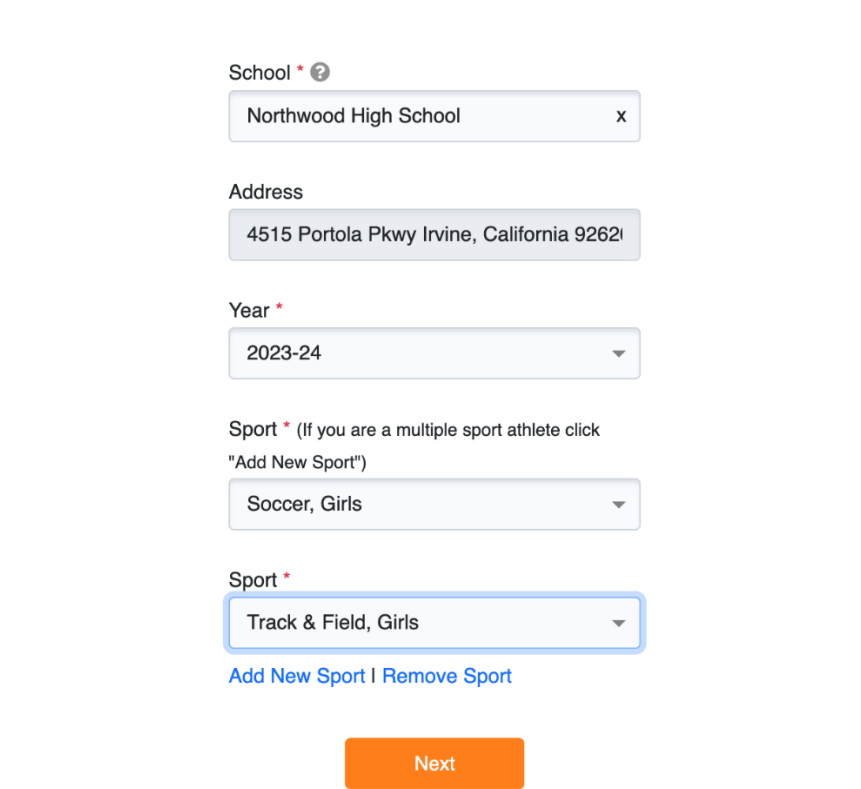
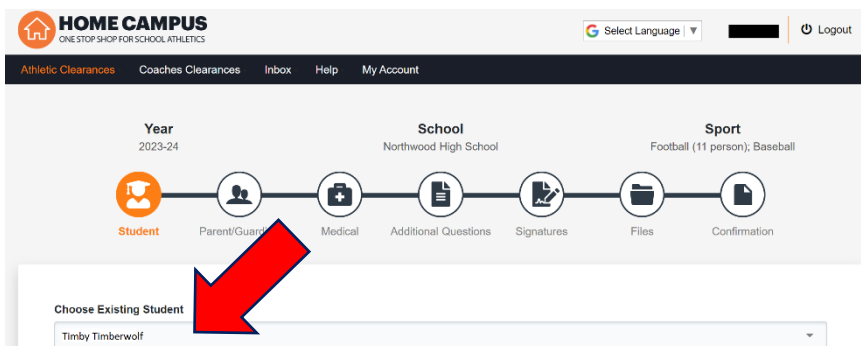


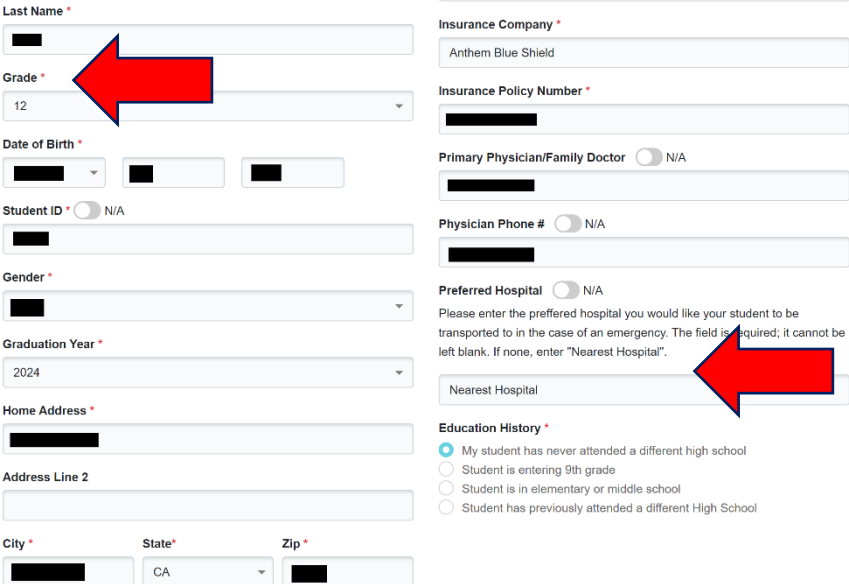
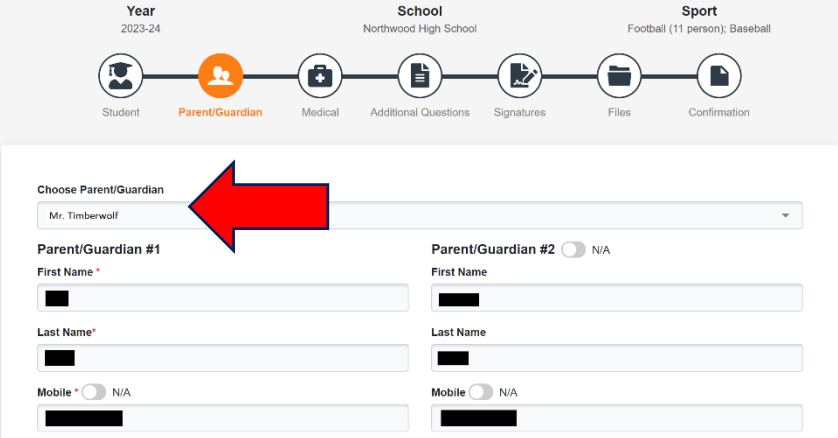
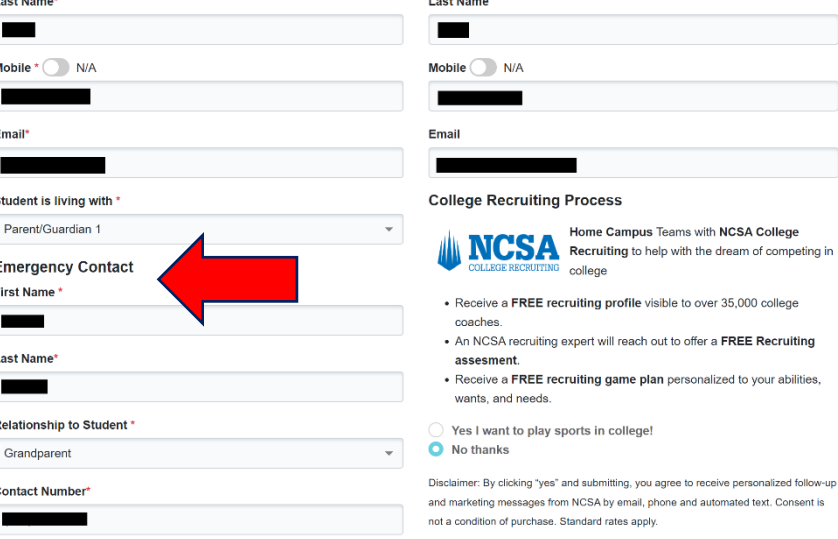



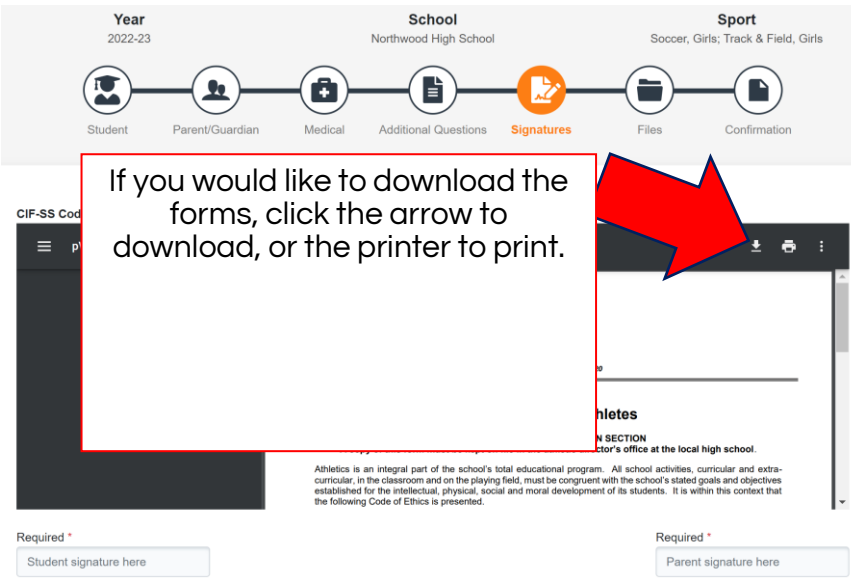
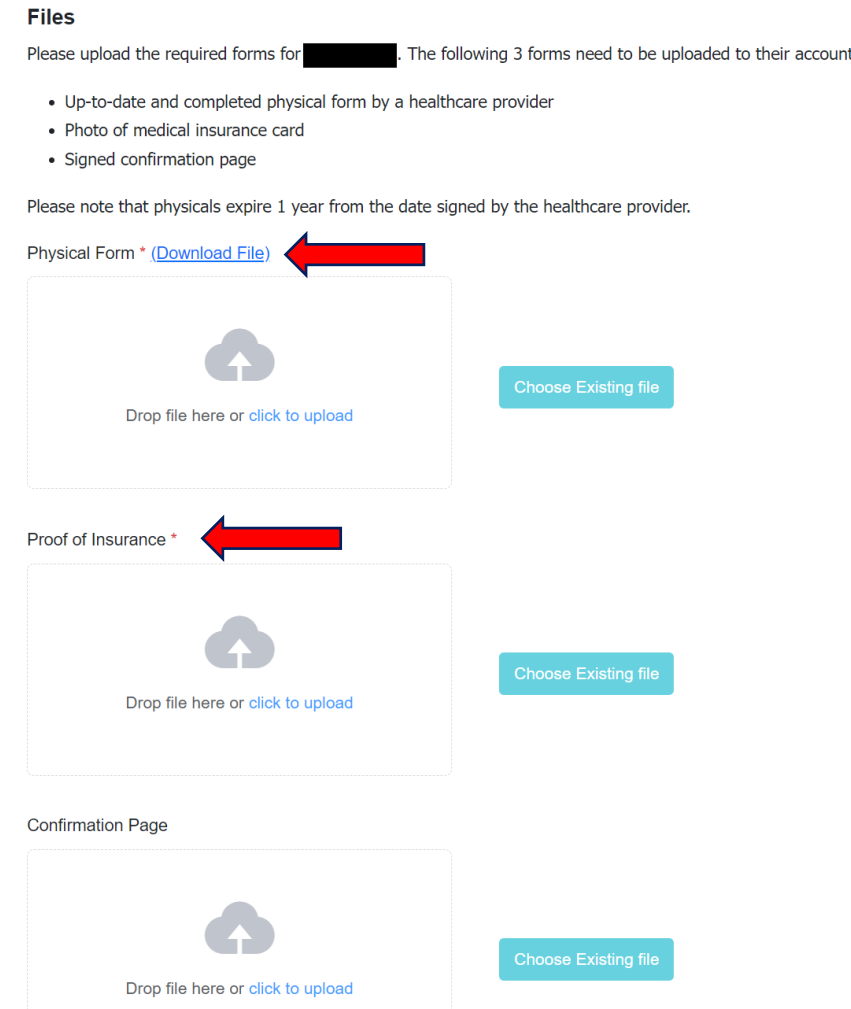
# Athletic Clearance Instructions Returning Student-Athletes



Step	Directions	Screenshot
1.	Visit <a href="http://www.athleticclearance.com">www.athleticclearance.com</a> and click on "CA"	
2.	Log in to your existing account.	
3.	Click "Start Clearance Here" in the upper right corner	

4.	Under "School" start typing "Northwood High School". Once Northwood appears, click on it. The address should auto-fill.	
5.	Click the school year. Then add the sport that your student plans to participate in. If your student plans to participate in multiple sports, click "Add New Sport" and continue to add the sports that your student will participate in. Once completed, click "Next."	
6.	Choose your existing student to roll over their information.	

7.	<p>Most of the information should autofill from last year. Please double check that all information is still accurate. You will need to update your students Grade, Preferred Hospital, and Education History. Once the information is completed, choose "Save and Continue".</p>	 <p><b>Last Name *</b> [Redacted]</p> <p><b>Grade *</b> 12</p> <p><b>Date of Birth *</b> [Redacted]</p> <p><b>Student ID *</b> <input type="radio"/> N/A [Redacted]</p> <p><b>Gender *</b> [Redacted]</p> <p><b>Graduation Year *</b> 2024</p> <p><b>Home Address *</b> [Redacted]</p> <p><b>Address Line 2</b> [Redacted]</p> <p><b>City *</b> [Redacted] <b>State *</b> CA <b>Zip *</b> [Redacted]</p> <p><b>Insurance Company *</b> Anthem Blue Shield</p> <p><b>Insurance Policy Number *</b> [Redacted]</p> <p><b>Primary Physician/Family Doctor</b> <input type="radio"/> N/A [Redacted]</p> <p><b>Physician Phone #</b> <input type="radio"/> N/A [Redacted]</p> <p><b>Preferred Hospital</b> <input type="radio"/> N/A Please enter the preferred hospital you would like your student to be transported to in the case of an emergency. The field is required; it cannot be left blank. If none, enter "Nearest Hospital".</p> <p><b>Nearest Hospital</b> [Redacted]</p> <p><b>Education History *</b>  <input checked="" type="radio"/> My student has never attended a different high school  <input type="radio"/> Student is entering 9th grade  <input type="radio"/> Student is in elementary or middle school  <input type="radio"/> Student has previously attended a different High School </p>
8.	<p>Next you will complete the parent/legal guardian information. By choosing a parent/guardian, the information should autofill. Please double check that all information is still accurate.</p>	 <p><b>Year</b> 2023-24</p> <p><b>School</b> Northwood High School</p> <p><b>Sport</b> Football (11 person); Baseball</p> <p>Student   <b>Parent/Guardian</b>   Medical   Additional Questions   Signatures   Files   Confirmation</p> <p><b>Choose Parent/Guardian</b> Mr. Timberwolf</p> <p><b>Parent/Guardian #1</b>  <b>First Name *</b> [Redacted]  <b>Last Name *</b> [Redacted]  <b>Mobile *</b> <input type="radio"/> N/A [Redacted] </p> <p><b>Parent/Guardian #2</b> <input type="radio"/> N/A  <b>First Name</b> [Redacted]  <b>Last Name</b> [Redacted]  <b>Mobile</b> <input type="radio"/> N/A [Redacted] </p>
9.	<p>You will need to complete the emergency contact, as well as answer the "College Recruiting Process" section.</p> <p>The emergency contact information must be someone other than a parent.</p> <p>Once completed, click "Save and Continue".</p>	 <p><b>Last Name *</b> [Redacted]</p> <p><b>Mobile *</b> <input type="radio"/> N/A [Redacted]</p> <p><b>Email *</b> [Redacted]</p> <p><b>Student is living with *</b> Parent/Guardian 1</p> <p><b>Emergency Contact</b>  <b>First Name *</b> [Redacted]  <b>Last Name *</b> [Redacted]  <b>Relationship to Student *</b> Grandparent  <b>Contact Number *</b> [Redacted] </p> <p><b>Last Name</b> [Redacted]</p> <p><b>Mobile</b> <input type="radio"/> N/A [Redacted]</p> <p><b>Email</b> [Redacted]</p> <p><b>College Recruiting Process</b></p> <p> <b>Home Campus Teams with NCSA College Recruiting</b> to help with the dream of competing in college</p> <ul style="list-style-type: none"> <li>• Receive a <b>FREE</b> recruiting profile visible to over 35,000 college coaches.</li> <li>• An NCSA recruiting expert will reach out to offer a <b>FREE Recruiting assessment</b>.</li> <li>• Receive a <b>FREE</b> recruiting game plan personalized to your abilities, wants, and needs.</li> </ul> <p><input type="radio"/> Yes I want to play sports in college!  <input checked="" type="radio"/> No thanks </p> <p><small>Disclaimer: By clicking "yes" and submitting, you agree to receive personalized follow-up and marketing messages from NCSA by email, phone and automated text. Consent is not a condition of purchase. Standard rates apply.</small></p>
10.	<p>The next step is filling out the medical history section by answering "yes" or "no" to the conditions that apply. If "yes", you may be prompted to provide additional explanations. At the bottom of this page you can download a <a href="#">blank physical form</a> that must be completed by a healthcare provider if you do not already have one. Click "Save and Continue".</p>	
11.	<p>The next section has 2 additional questions. The shirt size may be shared with coaches who wish to purchase athlete gear for their athletes. Please answer both questions then click "Save and Continue".</p>	

<p>12.</p>	<p>Next is the signatures section. In this section both the parent/guardian and the student will need to read the form(s) provided and type in their name on the line requesting an online signature indicating that you have read, understood, and will adhere to the corresponding text. Your signature is case sensitive and must be an exact match to the information that was entered on the Student and Parent Information Page (first and last name) or you will not be able to continue past this page. Once you have completed the signatures, click "Save and Continue".</p>	
<p>14.</p>	<p>The physical form must be filled-out and stamped by the healthcare provider who is conducting the physical. Physical forms are valid for 1 full year from the date of the exam.</p> <p>If our physical from the previous school year is still valid, you can click "Choose Existing File" and reupload the up-to-date physical form.</p> <p>Otherwise, please click the box to upload your completed physical under "Physical Form". If you need to add more than one file, you can click the box again to add another file.</p> <p>Under "Proof of Insurance" you must upload a photo of your medical insurance card. If our insurance from the previous school year is still valid, you can click "Choose Existing File" and reupload the insurance card from your previous year. Then click "Submit Completed Application".</p>	

15.

The confirmation page will appear. At the bottom of the confirmation message, click "Print". Sign this form, scan it and save it to your computer, then click "Back to Clearances". Once on the screen below, click "Files". Click the box under "Confirmation Page" to upload the signed confirmation page. Click "Submit Completed Application" then "Back to Clearances". And you are done!

**All Clearances** Purchase History

Northwood High School

Year	Sports	Status	Student	Submitted by
2022-23	Soccer, Girls	Pending	Sierra Wang	Sierra Wang
2022-23	Track & Field, Girls	Pending	Sierra Wang	Sierra Wang

Progress bar: Student, Parent/Guardian, Medical, Additional Questions, Signatures, **Files**, Confirmation

You are **NOT CLEARED** to participate in Northwood Athletics until all of the above steps are completed and verified by the school and you receive an email indicating that your student-athlete is cleared. If you have any questions or concerns please email the Co-Athletics Directors or the NHS Athletics Secretary.

Brandon Emery	Co-Athletics Director	BrandonEmery@iusd.org
Sierra Wang	Co-Athletics Director	SierraWang@iusd.org
Carlie Chaulsett-Utley	Athletics Secretary	CarlieChaulsettUtley@iusd.org