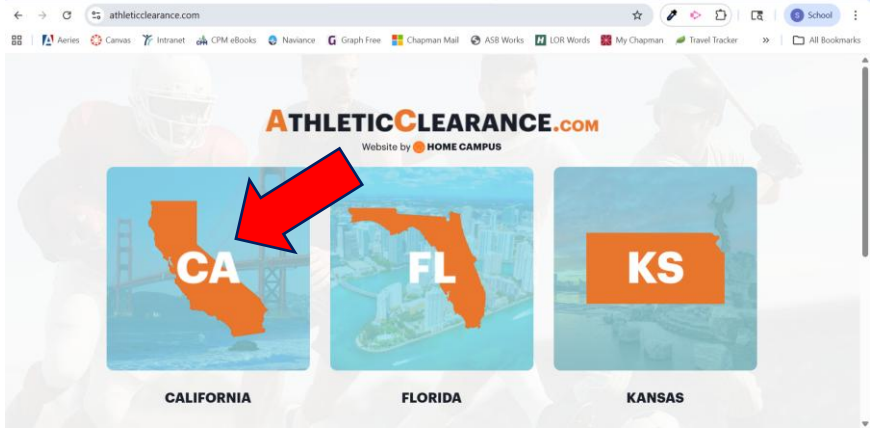
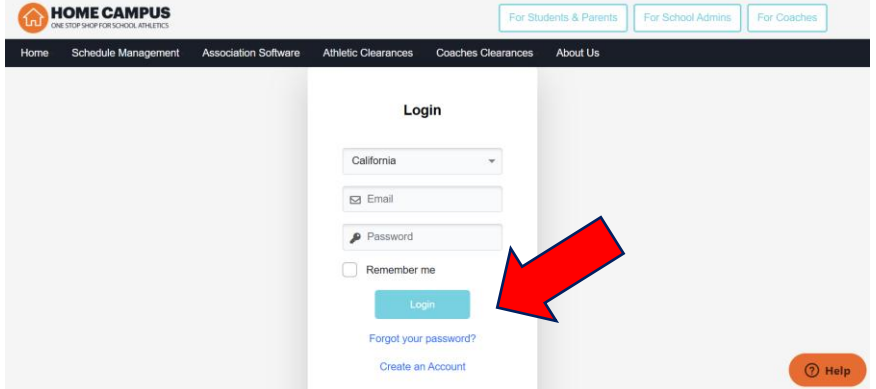
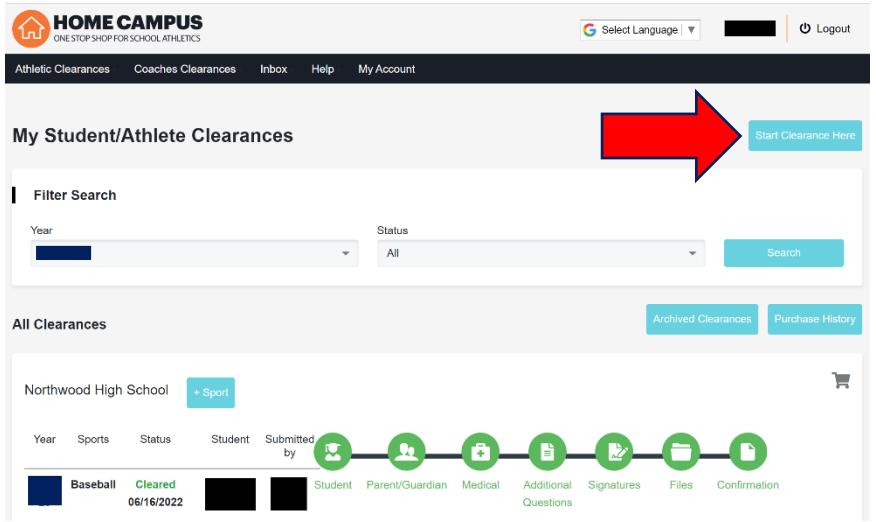
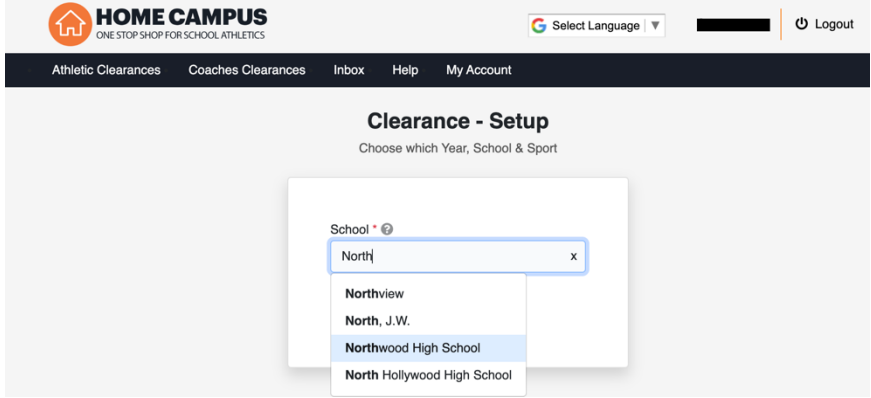
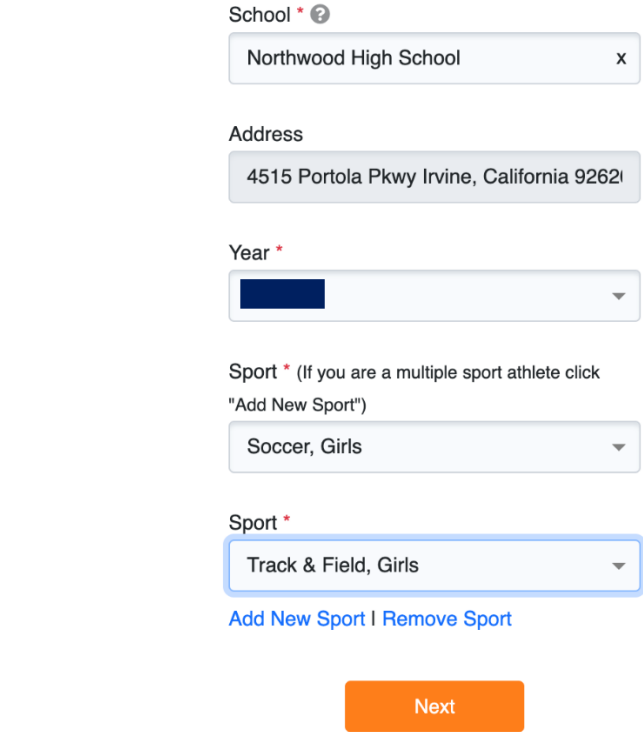
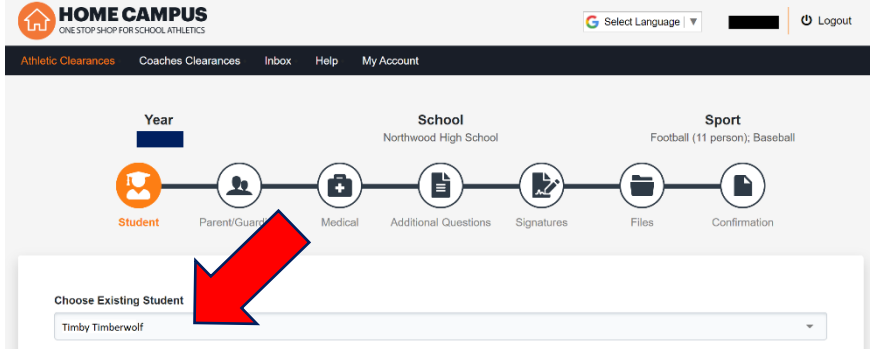




Athletic Clearance Instructions Returning Student-Athletes



Step	Directions	Screenshot
1.	Visit www.athleticclearance.com and click on "CA"	
2.	Log in to your existing account.	
3.	Click "Start Clearance Here" in the upper right corner	

<p>4.</p>	<p>Under "School" start typing "Northwood High School". Once Northwood appears, click on it. The address should auto-fill.</p>	
<p>5.</p>	<p>Click the school year. Then add the sport that your student plans to participate in. If your student plans to participate in multiple sports, click "Add New Sport" and continue to add the sports that your student will participate in. Once completed, click "Next."</p>	
<p>6.</p>	<p>Choose your existing student to roll over their information.</p>	

<p>7.</p>	<p>Most of the information should autofill from last year. Please double check that all information is still accurate. You will need to update your students Grade, Preferred Hospital, and Education History. Once the information is completed, choose "Save and Continue".</p>	
<p>8.</p>	<p>Next you will complete the parent/legal guardian information. By choosing a parent/guardian, the information should autofill. Please double check that all information is still accurate.</p> <p>If only one parent/guardian, then click the orange swiper next to "Parent/Guardian #2" to turn it off.</p>	
<p>9.</p>	<p>You will need to complete the emergency contact. The emergency contact information must be someone other than a parent. This is who we will call in the case of an injury if we cannot get ahold of either parent.</p> <p>Once completed, click "Save and Continue".</p>	
<p>10.</p>	<p>The next two pages are "offer" questions asking if your student wants to compete at the next level or if you want to hire an NCAA athlete mentor. Choose yes or no for both.</p> <p>Your answer has no relationship to the school or with your student's athletic clearance. Northwood will not be notified of your answer.</p>	

11.	<p>The next step is filling out the medical history section by answering “yes” or “no” to the conditions that apply. If “yes”, you may be prompted to provide additional explanations. At the bottom of this page you can download a blank physical form that must be completed by a healthcare provider if you do not already have one. Click “Save and Continue”.</p>
12.	<p>The next section is to confirm what school you went to last school year. This will let us know if you are a transfer student or not. Please answer the question and then click “Save and Continue”.</p>
13.	<p>Next is the signatures section. In this section both the parent/guardian and the student will need to read the form(s) provided and type in their name on the line requesting an online signature indicating that you have read, understood, and will adhere to the corresponding text. Your signature is case sensitive and must be an exact match to the information that was entered on the Student and Parent Information Page (first and last name) or you will not be able to continue past this page. Once you have completed the signatures, click “Save and Continue”.</p>

Year [dropdown]
School Northwood High School
Sport Soccer, Girls; Track & Field, Girls

Student Parent/Guardian Medical Additional Questions **Signatures** Files Confirmation

If you would like to download the forms, click the arrow to download, or the printer to print.

Required *
Student signature here

Required *
Parent signature here

athletes
SECTION
tor's office at the local high school.

Athletics is an integral part of the school's total educational program. All school activities, curricular and extra-curricular, in the classroom and on the playing field, must be congruent with the school's stated goals and objectives established for the intellectual, physical, social and moral development of its students. It is within this context that the following Code of Ethics is presented.

The physical form must be filled-out and stamped by the healthcare provider who is conducting the physical. Physical forms are valid for 1 full year from the date of the exam. Once completed, scan the physical form and upload it to the account.

If our physical from the previous school year is still valid, you can click "Choose Existing File" and reupload the up-to-date physical form.

Otherwise, please click the box to upload your completed physical under "Physical Form". If you need to add more than one file, you can click the box again to add another file.

Under "Proof of Insurance" you must upload a photo of your medical insurance card.

If our insurance from the previous school year is still valid, you can click "Choose Existing File" and reupload the insurance card from your previous year. Then click "Submit Completed Application".

14.

Files

Please upload the required forms for [REDACTED]. The following 3 forms need to be uploaded to their account:

- Up-to-date and completed physical form by a healthcare provider
- Photo of medical insurance card
- Signed confirmation page

Please note that physicals expire 1 year from the date signed by the healthcare provider.

Physical Form * ([Download File](#))

Drop file here or [click to upload](#)

Choose Existing file

Proof of Insurance *

Drop file here or [click to upload](#)

Choose Existing file

Confirmation Page

Drop file here or [click to upload](#)

Choose Existing file

15.

The confirmation page will appear. At the bottom of the confirmation message, click "Print". Sign this form, scan it and save it to your computer, then click "Back to Clearances". Once on the screen below, click "Files".

Click the box under "Confirmation Page" to upload the signed confirmation page. Click "Submit Completed Application" then "Back to Clearances". And you are done!

All Clearances Purchase History

Northwood High School

Year	Sports	Status	Student	Submitted by
	Soccer, Girls	Pending	Sierra Wang	Sierra Wang
	Track & Field, Girls	Pending	Sierra Wang	Sierra Wang

Progress bar: Student, Parent/Guardian, Medical, Additional Questions, Signatures, **Files**, Confirmation

You are **NOT CLEARED** to participate in Northwood Athletics until all of the above steps are completed and verified by the school and you receive an email indicating that your student-athlete is cleared. If you have any questions or concerns please email the Co-Athletics Directors or the NHS Athletics Secretary.

Sierra Wang	Co-Athletics Director	SierraWang@iusd.org
Erik Terry	Co-Athletics Director	ErikTerry@iusd.org
Amanda Hansen	Athletics Secretary	AmandaHansen@iusd.org