



# FRESHMAN SCHEDULE BUILDER

## 2024-2025

Name: \_\_\_\_\_

ID#: \_\_\_\_\_

Advisor: \_\_\_\_\_



All freshmen will enroll in Math, Science, English, History, an elective, and PE/Athletics for a minimum of SIX classes, but no more than EIGHT. The classes prefilled below have been recommended by the student's 8th-grade teachers.

CLASS #1: _____	CLASS #2: _____
CLASS #3: _____	CLASS #4: _____

**CLASS #5: ELECTIVE:** Students must enroll in one elective (one year-long class or two semester-long classes).

Course #: \_\_\_\_\_ Course Title: \_\_\_\_\_

**CLASS #6: PE/DANCE OR CLASS #6 & #7: ATHLETICS/PEP SQUAD**  
*All freshmen must register for PE or a Non-Cut Sport for both the fall and spring semesters*

CHOOSE A, B, or C BELOW	OPTIONAL ELECTIVE(S)	OPEN PERIODS
<p><b>A</b></p> <p><b>PE or Dance 2:</b></p> <p><input type="checkbox"/> 4013 Coed PE Fall</p> <p><input type="checkbox"/> 4014 Coed PE Spring</p> <p><input type="checkbox"/> Dance 2 and up (audition required)</p>	<p><b>CLASS #7 (Open Enrollment Only)</b>            Course #: _____            Course Title: _____</p> <p><b>CLASS #8 (Open Enrollment Only)</b>            Course #: _____            Course Title: _____</p>	<p>Students with 6 or 7 classes have the option to arrive late to or leave early from school. Preferences may not be possible based on course selection and availability.</p> <p><input type="checkbox"/> Open period 1/2  <input type="checkbox"/> Open period 7/8</p>
<p><b>B</b></p> <p><b>Non-Cut Sport/Pep Squad:</b></p> <p><input type="checkbox"/> 4535 Girls Water Polo and PE</p> <p><input type="checkbox"/> 4635/4636 Wrestling and offseason</p> <p><input type="checkbox"/> 4545/4546 Football and offseason</p> <p><input type="checkbox"/> 4035/4036 Pep Squad</p>	<p><b>CLASS #8 (Any Elective Option)</b></p> <p>Course #: _____</p> <p>Course Title: _____</p>	<p><b>IF NO 8TH CLASS IS SELECTED, THEN SELECT LATE START:</b></p> <p><input type="checkbox"/> Open period 1 or 2</p>
<p><b>C</b></p> <p><b>Cut Sport Interest:</b></p> <p><i>Fall:</i></p> <p><input type="checkbox"/> Cross Country      <input type="checkbox"/> Girls Golf</p> <p><input type="checkbox"/> Boys Water Polo      <input type="checkbox"/> Girls Tennis</p> <p><input type="checkbox"/> Girls Flag Football      <input type="checkbox"/> Girls Volleyball</p> <p><i>Winter:</i></p> <p><input type="checkbox"/> Basketball      <input type="checkbox"/> Soccer</p> <p><i>Spring:</i></p> <p><input type="checkbox"/> Baseball      <input type="checkbox"/> Boys Tennis</p> <p><input type="checkbox"/> Boys Golf      <input type="checkbox"/> Boys Volleyball</p> <p><input type="checkbox"/> Lacrosse      <input type="checkbox"/> Swimming</p> <p><input type="checkbox"/> Tennis      <input type="checkbox"/> Track</p>	<p><b>CLASS #8 (Open Enrollment Only)</b></p> <p>Course #: _____</p> <p>Course Title: _____</p>	<p><b><u>If the student makes a team/sport select one of the following:</u></b></p> <p><input type="checkbox"/> Enroll in 8 classes (including open enrollment elective – class #8)</p> <p><input type="checkbox"/> Open period 1 or 2</p>

**ZERO PERIOD OPTIONS:** Must also be in PE/Sport; does not count toward total class number.

**7550** Marching Band (Quarter 1 only) Must co-enroll in band/orchestra       **7563** Color Guard (Quarter 1 only)



# FRESHMAN ELECTIVE REFERENCE GUIDE

2024-25



## ELECTIVES

Choose one (1) elective from the following list. The student may select up to two (2) more electives if they are OPEN ENROLLMENT courses.

- **Open Enrollment** classes are listed in **BOLD**.
- Courses with \* meet a UC/CSU requirement for admission.
- If you are interested in auditioning for more advanced vocal music, instrumental music, or dance classes, please sign up for the open-level class listed and contact the NHS teacher to arrange an audition.

### ARTS (Open Enrollment)

- 7270/7271 Computer Graphics\***  
**7098/7099 Video Production\***  
**7007/7008 Intro to Art\***  
**7313/7314 Beginning Screen Print Design\***  
**7214/7215 Visual Imagery\* (Photography)**  
**7585/7586 Guitar\***  
**4441/4442 Dance Technique 1\*** (no 9th grade PE credit)  
**7107/7108 Beginning Ceramics\***  
**7508/7509 Concert Band\***  
**7527/7528 String Orchestra\***  
**7637/7638 Bass Clef\***  
**7644/7645 Treble Clef\***  
**7753/7754 Creative Drama\***  
**7765/7766 Technical Theater\***  
**7563 Color Guard Q1**  
 (Must be co-enrolled in PE. Does not count toward the total class number.)  
**7550 Marching Band**  
 (Must be co-enrolled in band or orchestra and in a PE/Sport. Does not count toward the total class number.)

Due to recent funding, additional Arts courses are now open enrollment but will remain subject to availability based upon class size and schedule space.

### WORLD LANGUAGES

- 2611/2612 Amer. Sign Lang. 1 A/B\*  
 2012/2013 French 1 A/B\*  
 2022/2023 French 2 A/B\*  
 2410/2412 Korean 1 A/B\*  
 20000/20001 Korean 2 A/B\*  
 2312/2313 Spanish 1 A/B\*  
 2322/2323 Spanish 2 A/B\*

### GENERAL ELECTIVES

- 1599/1600 Beginning Journalism\*  
 70387 Maker's Studio (semester)  
 8005 Health (semester)  
 8820 Intro to Foods (semester)

### ONLINE/BLENDED LEARNING

See a counselor for more information!

## ATHLETICS REFERENCE GUIDE

Fall Semester		Spring Semester	Year-Long
Fall Season	Winter Season	Spring Season	
-Boys/Girls Cross Country -Girls Flag Football -Football** -Girls Golf -Girls Tennis -Girls Volleyball -Boys Water Polo	-Boys Basketball -Girls Basketball -Boys Soccer -Girls Soccer -Wrestling** -Girls Water Polo**	-Boys/Girls Track & Field -Boys Tennis -Boys Volleyball -Boys Golf -Baseball -Softball -Boys/Girls Lacrosse -Boys/Girls Swimming & Diving -Off-Season Football**	-Pep Squad -Dance 2 or higher
**Indicates non-cut sport			