

An aerial photograph of a school campus. The central courtyard features a large tree in a circular planter. Buildings are visible with "NORTH" and "WOLVES" written on them. The background shows a residential area and hills.

*Welcome*  
**Class of 2030!**

**8th Grade Family Night**

Tonight's Presentation  
今晚的演讲



[bit.ly/NewTwolf](https://bit.ly/NewTwolf)

# Welcom

e Eric Keith

*Principal*

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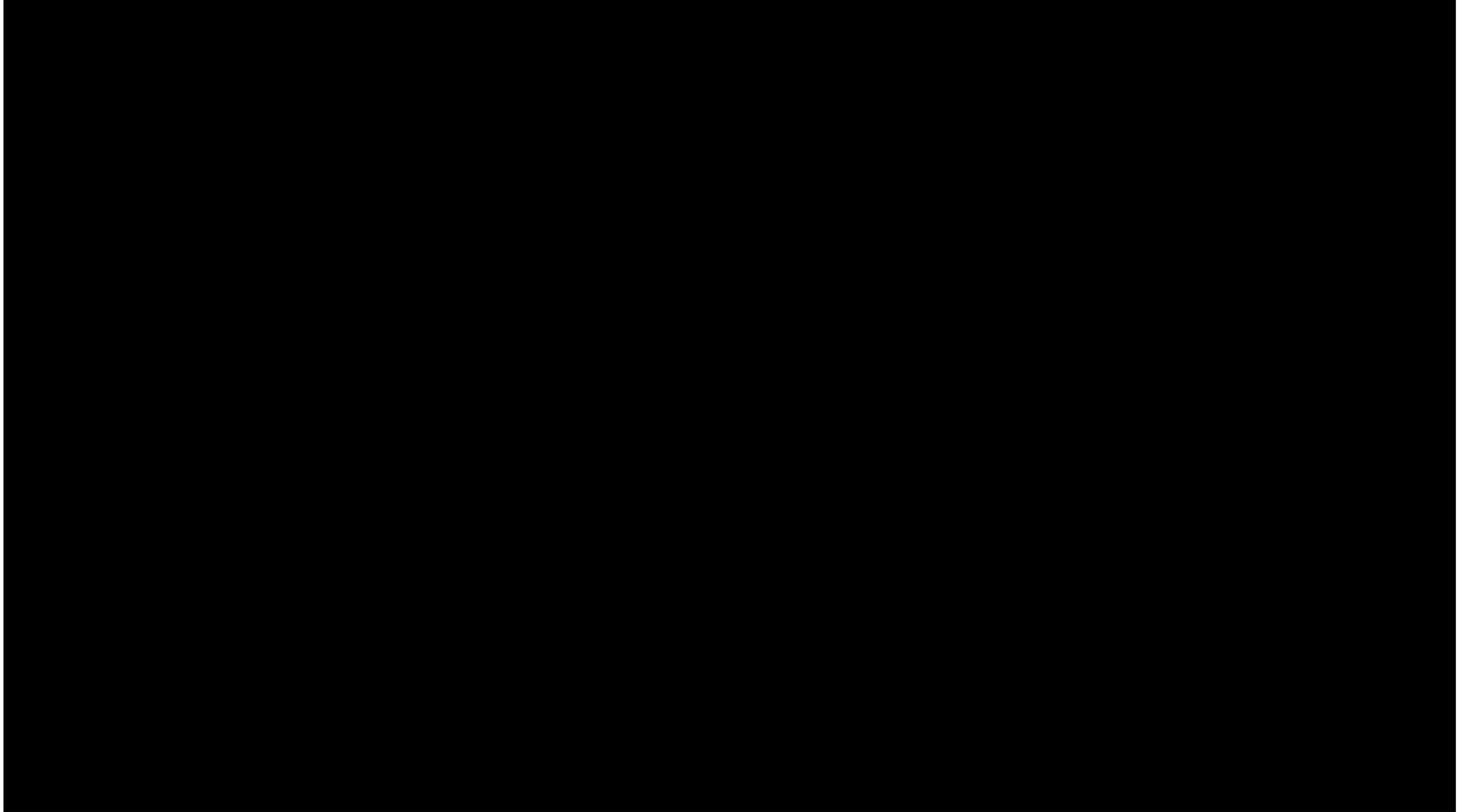
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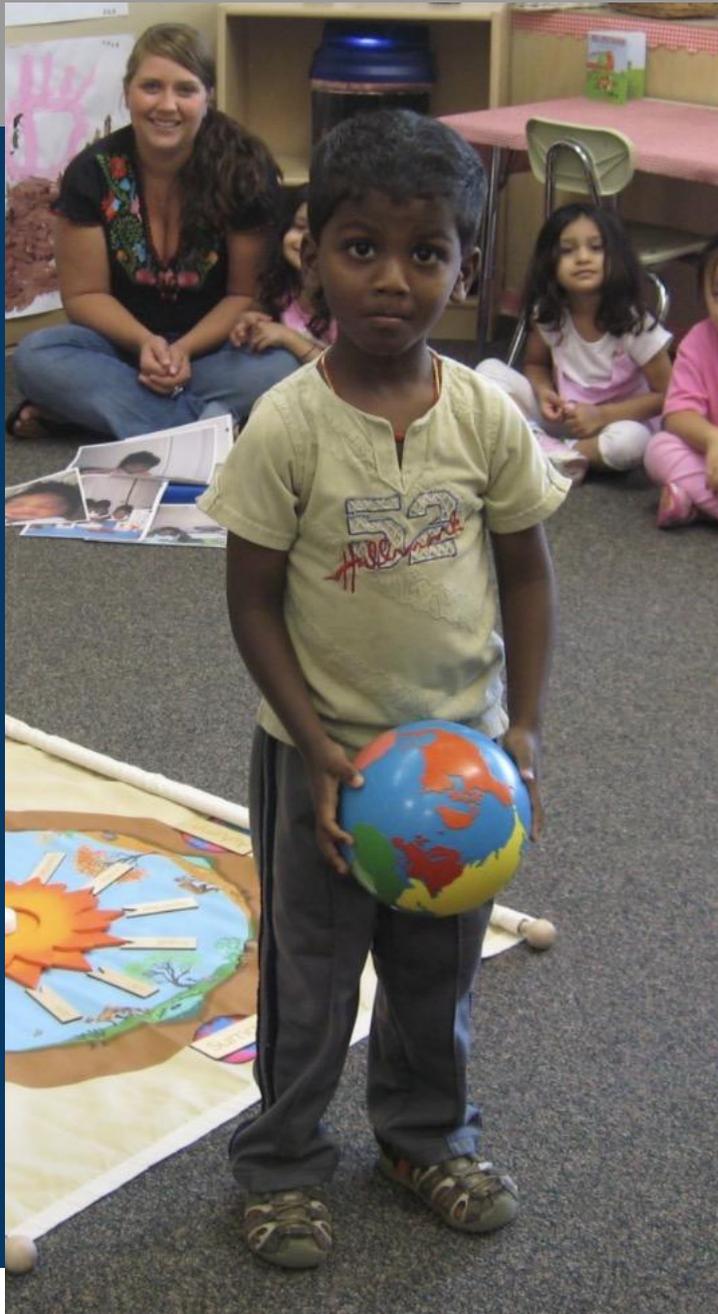
# Getting to Know

## Us!

- ✓ Introductions
- ✓ Core Values: “For the good of the pack”  
(Compassion, Integrity, Mutual Respect)
- ✓ Integrated Curriculum
- ✓ Humanities
- ✓ Core Curriculum w/ Honors
- ✓ School Connectedness
- ✓ Balance & Well-Being







# A Student's Perspective

*Danuj  
Kunaseelan*

# Teacher Advisement (TA)

*Zane Pang*  
*Social Science Teacher*

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# Teacher Advisement (TA)





- Four years together!
- Registration → Graduation
- Meet with TA multiple times per week

# Teacher Advisement (TA)

## Fall Conferences

- Student check-in
- Planning
- Questions

## Spring Conferences

- Yearly recap
- Course selection
- Planning

# Athletics

*Erik Terry*

*Co-Athletics Director*

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# NHS Athletics

## Collective Purpose Statement

NHS Athletics exists to foster a learning environment reflective of the school's core values, where all student-athletes can compete for the greater purpose of developing personal character and commitment to teamwork and community.

# NHS Sports Teams

Fall Semester		Spring Semester
Fall Season	Winter Season	Spring Season
<ul style="list-style-type: none"> <li>- Girls Tennis</li> <li>- Girls Volleyball</li> <li>- Boys/Girls Cross Country</li> <li>- Girls Golf</li> <li>- Boys Water Polo**</li> <li>- Girls Flag Football</li> <li>- Football**</li> </ul>	<ul style="list-style-type: none"> <li>- Boys Basketball</li> <li>- Girls Basketball</li> <li>- Competition Cheer</li> <li>- Boys Soccer</li> <li>- Girls Soccer</li> <li>- Wrestling</li> <li>- Girls Water Polo**</li> </ul>	<ul style="list-style-type: none"> <li>- Boys/Girls Track &amp; Field</li> <li>- Boys Tennis</li> <li>- Boys Volleyball</li> <li>- Boys Golf</li> <li>- Baseball</li> <li>- Softball</li> <li>- Boys Lacrosse</li> <li>- Girls Lacrosse</li> <li>- Boys/Girls Swimming &amp; Diving</li> <li>- Off-Season Football**</li> </ul>
<p>**non-cut sport</p>		
<p>Year-Long: Pep Squad &amp; Dance</p>		

***In-season  
sports  
practice  
everyday!***

# Summer Skills Camps

Be sure to have a completed physical! Your student will need it to complete the athletic clearance process prior to camp.

**Tip:** *If you get your physical over the summer, you are cleared for the year!*

**NORTHWOOD HIGH SCHOOL ATHLETICS**

## 2026 SUMMER ATHLETIC SKILLS CAMPS



### PURPOSE & ELIGIBILITY

Our athletic programs foster a learning environment reflective of each school's core values, where student-athletes compete to develop personal character and commitment to teamwork. Camps are designed to teach fundamentals, provide game simulation, and build proper strength and conditioning.

- VOLUNTARY-NON-EVALUATIVE:** Participation is **NOT** a prerequisite for joining the high school team. Camps are strictly for skill development, not tryouts, and do not affect regular-season roster status.
- INCOMING 9TH GRADERS / TRANSFERS:** In order to participate in camp all students must meet residential eligibility requirements and be officially enrolled in the school. This is mandatory prior to participating.

**NOTE: THESE CAMPS ARE PURELY RECREATIONAL AND VOLUNTARY. DAILY ATTENDANCE AIDS IN DEVELOPMENT BUT IS NOT REQUIRED.**

### CAMP COSTS & DONATIONS

Depending on the sport, our summer programs require operational budgets between **\$5,000** and **\$25,000** to cover coaching stipends, equipment, facilities, and tournament fees. 100% of your contributions go directly to these specific camp costs.

**SUGGESTED DONATIONS:**

1-WEEK	2-WEEK	3-WEEK	4 TO 6-WEEK
\$200	\$300	\$400	\$500

**FAMILIES MAY CONTRIBUTE IN THE WAY THAT WORKS BEST:**

- Cover the suggested amount
- Make a partial donation (any amount is appreciated)
- Give extra to sponsor other players
- Register without a donation (see instructions below)

**PLEASE NOTE:** In accordance with State law and school policy, all donations are strictly voluntary. No student will be denied the opportunity to participate in a Summer Skills Camp due to a lack of funds or an inability to donate.

### HOW TO REGISTER

#### ONLINE WEBSTORE

**How to Create an Account:** Once on the Webstore homepage, click **"My Account"** then **"Register for an Account"**. Under **"Are you a student?"**, click **"Yes"** and register your account using your nine-digit IUSD student ID number.

**How to Register:** Once you are logged into your Webstore account, click **"Athletics"**. You can then click on individual summer camps to add them to your cart and check out with a donation.

If you are registering for summer camp without a donation, please refer to the "In-Person Drop Off" box.

#### IN-PERSON DROP-OFF

Checks or cash can be dropped off at Northwood with a registration form ([bit.ly/NHSSummerCamp](http://bit.ly/NHSSummerCamp)) in the SAC (Student Activities Center) with Mrs. Barin.

Please make checks payable to Northwood High School ASB with your students name on the memo line.



### ATHLETICS CLEARANCE

**REQUIRED:** Campers must complete the athletics clearance process online at [www.athleticclearance.com](http://www.athleticclearance.com). Blank physical forms can be printed from the NHS website under Athletics. The clearance process is paperless; nothing needs to be turned in by hand. For questions or assistance, contact the Co-Athletics Directors.

**DEADLINE: MUST COMPLETE BEFORE FIRST DAY OF CAMP.**

### CANCELLATION POLICY

**WARNING:** Camps need sufficient funding to operate. If financial requirements are not met by June 1, 2026, the camp may be canceled.

**NOREFUNDS OR PRO-RATA FOR SUMMER CAMPS (UNLESS CANCELED FOR LACK OF FUNDS).**

### CAMP SCHEDULES & CONTACT INFO

Athletic Trainer attendance is not guaranteed. Families are responsible for all off-campus transportation.



[bit.ly/NHSSummer26](http://bit.ly/NHSSummer26)

**CONTACT OUR ATHLETICS OFFICE**  
SierraWang@iusd.org  
ErikTerry@iusd.org

### SCAN TO REGISTER



[bit.ly/NHSAthleticsWebstore](http://bit.ly/NHSAthleticsWebstore)

**NOTICE OF NON-DISCRIMINATION IN ATHLETICS**  
The School District does not discriminate in enrollment in or access to any athletic program available. Admission to these programs is based on age appropriateness, team roster space, attitude, and meeting academic and behavioral eligibility requirements. The lack of English skills shall not be a barrier to admission to or participation in the District's activities and programs. Facilities and equipment provided for students are comparable and equitable to both sexes without disparity or incidence, consistent with their gender identity, irrespective of the gender listed on the pupils record.

# Ways to Support Athletics

- Join NHS Athletics Boosters
- Financial Team Rep. (FTR)
- Team "Mom" or "Dad"
- Banquet Organization
- Team Photos
- Social Media Rep



# Upcoming Athletic

# Dates

**August 2026**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

© wikidates.org

- Athletics Dead Period (June 6th - 19th)
- Fall Sports Begin August 3<sup>rd</sup>
- Football Begins July 27th

# The Arts

*Ben Case*

*Department Chairperson*

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# The Arts

- 2D Art/Drawing & Painting
- Ceramics and Sculpture
- Computer Graphics
- Culinary Arts
- Dance
- Instrumental Music
- Maker's Studio
- Photo/Visual Imagery
- Screen Printing
- Theatre and Technical Theatre
- Vocal Music
- Video Production



# NHS Shines in Fine Art



# Get Connected, Try Something New!

- Creative and social outlet
- Fosters sense of belonging and connection with school community
- Students learn transferable “Soft Skills” like problem- solving and collaboration
- More than 80% of the student body is involved in the arts in some way!



# You Can!

- NHS schedule promotes taking courses in the Arts
- The block system allows students to take 8 periods provided they are open enrollment classes... like those in the Arts.
- Many students participate in BOTH Arts and Athletics

# There's a Place for EVERYONE!

- Auditions are not required for participation
- Audition/Tryout Flyer Available in Your Packets - see Arts website or table in gym for details
- When in doubt, email teacher

# Unaccompanied Minors

*Dr. Tyler Alessi*

*NHS Choral Group*

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# PTSA

*Doaa Abouzeid*

*Parent Teacher Student Association  
President*

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# Volunteer

# Opportunities

- Summer Kick-Off Days
- Student Store
- Staff Appreciation
- Baking
- Language Liaisons
- Legislative Action
- Reflections Art
- Career Speakers
- Grad Night...and MORE!

*Involvement Helps  
Build Community*



# PTSA Action Right Now!

1. Visit our table in the gym after this presentation for Spirit Wear & Freshmen Kick-off sign-ups
2. Register a PTSA account to receive our Summer emails at [www.NorthwoodPTSA.org](http://www.NorthwoodPTSA.org)

PTSA



# Parent Organizations

**Athletics  
Boosters**



**Choral  
Boosters**



**PTSA**



**TIMB Music  
Boosters**



# Registration

*Allison Singer*

*Counselor*

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# NHS Counselors



Ms. Kim



Ms. Le



Ms. Ostovarpour



Ms. Singer



Ms. Phenicie



Ms. West

# Getting Started: Planning

## Conference

- **Why:** An important first step in planning your student's freshman year at NHS!
- **Who:** Parent, Student, and the NHS Teacher Adviser
- **Date:** **Wednesday, March 25** or **Thursday, March 26**
  - This is the time that you selected
  - Come at your designated conference time!
  - Check your envelope
- **Duration :** 10 -15 minutes
- **Location :** NHS Oak Tree

# Freshman Course Planner



## FRESHMAN SCHEDULE BUILDER 2026-2027

Conference Time:

Name:

ID#:

Advisor:

All freshmen will enroll in Math, Science, English, History, an elective, and a PE Credit Class for a minimum of SIX classes, but no more than EIGHT. The classes prefilled below have been recommended by the student's 8th-grade teachers.  
\*Humanities and Science classes include an opportunity to earn an Honors designation.

CLASS #1: <b>Humanities: World Literature*</b>		CLASS #2: <b>Integrated Science 1*</b>	
CLASS #3: <b>Humanities: World History*</b>		CLASS #4: (Math)	
<b>CLASS #5: ELECTIVE:</b> Students must enroll in one elective (one year-long class or two semester-long classes). If selecting two semester classes, please also select an alternative year-long class. Course #: _____ Course Title: _____			
<b>CLASS #6: PE Credit Class (A)</b> <b>CLASS #6 &amp; #7: ATHLETICS/PEP SQUAD (B or C)</b>		<i>All freshmen must register for a PE Credit Class or a Non-Cut Sport for both the fall and spring semesters</i>	
CHOOSE A, B, or C BELOW		OPTIONAL ELECTIVE(S)	OPEN PERIODS
<b>PE or PE Credit Class:</b> <input type="checkbox"/> 4013/4014 Coed PE (Fall/Spring) <input type="checkbox"/> 4441/4442 Dance 1 (No experience) <input type="checkbox"/> Dance 2 or above (Audition required) <b>A</b> <input type="checkbox"/> 7550/7563/4014 Marching Band (Q1) + Color Guard (Q2) + Coed PE (Spring) <input type="checkbox"/> 7563/7564 Color Guard (Fall/Spring)		<b>CLASS #7 (Open Enrollment Only)</b> Course #: _____ Course Title: _____ <b>CLASS #8 (Open Enrollment Only)</b> Course #: _____ Course Title: _____	Students with 6 or 7 classes have the option to arrive late or leave early from school. Preferences may not be possible based on course selection and availability. <input type="checkbox"/> Open period 1/2 <input type="checkbox"/> Open period 7/8
<b>Non-Cut Sport:</b> <b>B</b> <input type="checkbox"/> 4535/4014 Girls Water Polo and PE <input type="checkbox"/> 4531/4014 Boys Water Polo and PE <input type="checkbox"/> 4545/4546 Football and Offseason		<b>CLASS #8 (Any Elective Option)</b> Course #: _____ Course Title: _____	<b>IF NO 8TH CLASS IS SELECTED, THEN SELECT LATE START:</b> <input type="checkbox"/> Open period 1 or 2
<b>Fall</b> <input type="checkbox"/> Pep Squad <input type="checkbox"/> Girls Flag Football <b>Winter</b> <input type="checkbox"/> Boys Basketball <input type="checkbox"/> Boys Soccer <input type="checkbox"/> Competitive Cheer <b>C</b> <input type="checkbox"/> Boys Soccer <input type="checkbox"/> Girls Lacrosse <b>Spring</b> <input type="checkbox"/> Pep Squad <input type="checkbox"/> Baseball <input type="checkbox"/> Boys Golf <input type="checkbox"/> Boys Lacrosse <input type="checkbox"/> Girls Lacrosse		<input type="checkbox"/> Cross Country <input type="checkbox"/> Girls Golf <input type="checkbox"/> Girls Tennis <input type="checkbox"/> Girls Volleyball <input type="checkbox"/> Wrestling <input type="checkbox"/> Girls Basketball <input type="checkbox"/> Girls Soccer <input type="checkbox"/> Softball <input type="checkbox"/> Swim & Dive <input type="checkbox"/> Boys Tennis <input type="checkbox"/> Track & Field <input type="checkbox"/> Boys Volleyball  <b>Schedule changes will be made if a student makes an athletic team.</b>	<b>If the student makes a team/sport select one of the following:</b> <input type="checkbox"/> Enroll in 8 classes <input type="checkbox"/> Enroll in 6 classes with an open period 1 or 2
<b>ZERO PERIOD OPTIONS:</b> Does not count toward total class number. <input type="checkbox"/> 7550 Marching Band (Quarter 1 only) Must co-enroll in band/orchestra <input type="checkbox"/> 7563 Color Guard			

# NHS Freshman Schedule

## Six Classes are Required:

1. Humanities Core: World Literature
2. Humanities Core: World History
3. Integrated Science 1
4. Mathematics
5. Elective Course
6. PE or Open Enrollment/Non-Cut Team Sport



# Academic Core

*These courses will  
be viewable in  
Parent Portal on  
Friday.*

Eighth grade teachers have provided us with recommendations for your student's core academic subjects:

- English
- History
- Science
- Mathematics

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# Elective Options

All students choose one elective:

- The Arts
- World Language
- CTE - Career Technical Education

There are many pathways a student may want to start during freshman year!

## Open Enrollment

- What is it?
- Which classes are designated as Open Enrollment?
- How many Open Enrollment classes can a student take?

\* Refer to your Course Planner Worksheet for more information.

# PE/Athletics

**All freshmen must be enrolled in Physical Education credit courses:**

- **Co-Ed PE (freshmen only)**
- **Dance**
- **Pep Squad**
- **Sports**

**NORTHWOOD ATHLETICS**



# Open Periods

- Students must be enrolled in a minimum of six classes.
- NHS Schedule is made up of eight periods.
- Students with six classes can request one of the following options:
  - Open Periods 1/2 (arrive to school later)
  - Open Periods 7/8 (leave school earlier)

# Student Success & Well-Being

*Eric Keith*

*Principal*

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# Beyond Academics

- Encourage your student to **take advantage of the NHS extracurricular activities**
- Allow for **time with family and friends**

- Encourage your student to **explore their interests** and to broaden their horizons
- Take advantage of the **supports offered by the NHS Counseling Team**

- Help your student to **carry a challenging, but manageable, academic load**
- Make sure your student gets **enough sleep**

# Upcoming Events

- **March 25 & 26:** Registration (check your email to confirm time)
- **June 6 - 19 :** NHS Athletics Dead Period (vacation!)
- **Summer Break : IUSD Data Confirmation**  
(necessary paperwork will be mailed home)
- **August 11:** New to Northwood Night
- **August 12:** Freshmen Kick-Off Day  
(students pick up their books, take pictures, and get class schedule at this time)
- **August 18:** First Day of School

# Thank You for Coming!

## General Questions:

Front Office →  
949-936-7200

## Conference Scheduling questions:

NHS-Reg@iusd.org

## Athletics/Summer Camp questions:

Amanda Hansen →  
949-936-7203,  
amandahansen@iusd.org

## Arts Audition questions:

See director contact info in  
packet

**Now, please walk over to the Gym:**

- Coaches, Counselors, and Boosters are available to answer your questions.
- Your student is waiting for you there!

**You've got this!**

Our team is looking forward to meeting with you and your student next week!

