



*Welcome  
Class of 2029*

*8th Grade Family Night*

Tonight's Presentation  
今晚的演讲



[bit.ly/NewTwolf](https://bit.ly/NewTwolf)

*Welcome*

*Dr. Leslie Roach*

*Principal*

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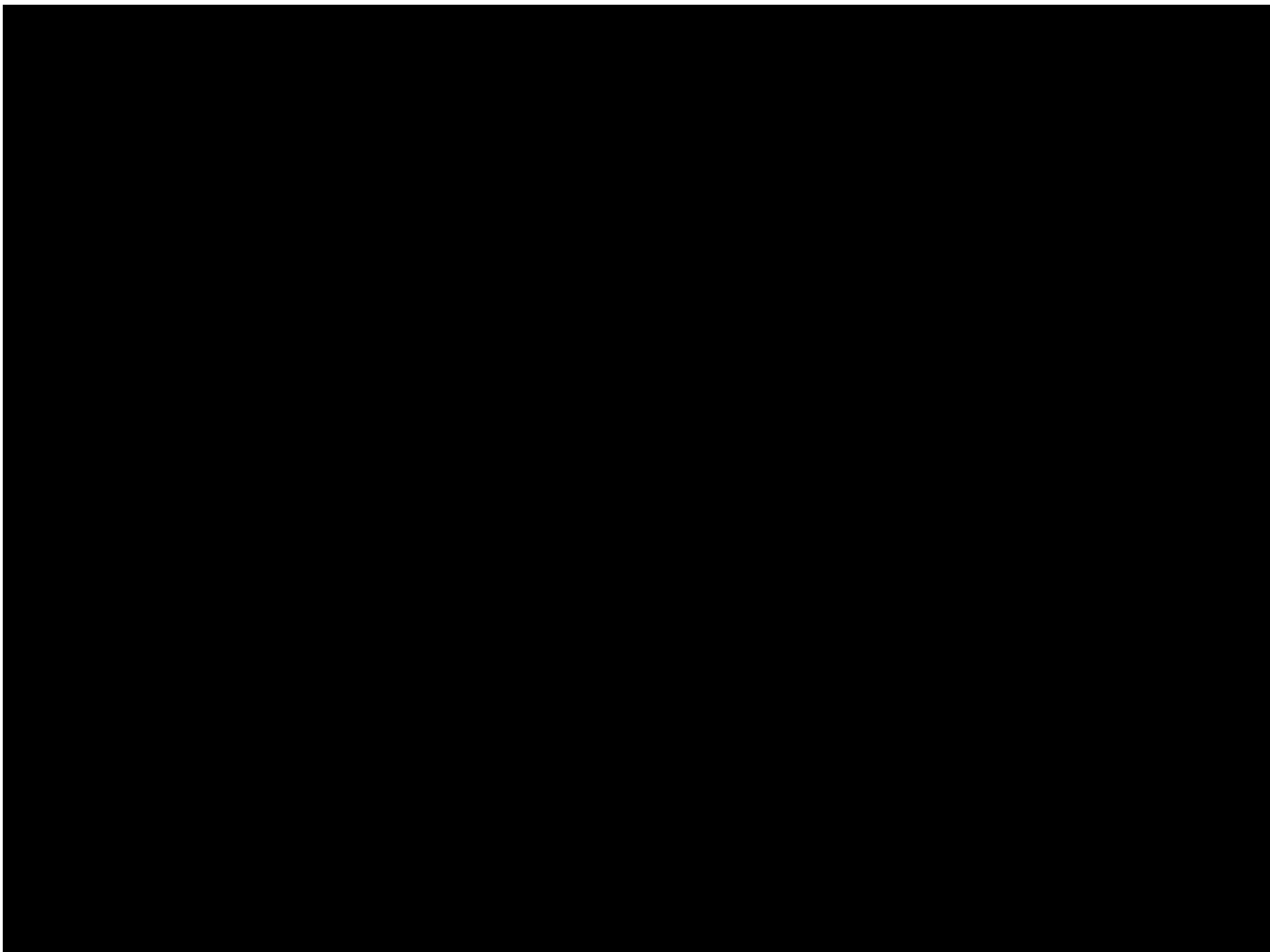
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# *Getting to Know Us!*

- ☑ Introductions
- ☑ Core Values: “For the good of the pack”  
(Compassion, Integrity, Mutual Respect)
- ☑ Core Curriculum w/ Honors
- ☑ Integrated Curriculum
- ☑ Humanities
- ☑ School Connectedness
- ☑ Balance & Well-Being









# *A Student's Perspective*

*Sailor Kensrue*

# *Teacher Advisement (TA)*

*Isabelle Comtois*  
*Social Science Teacher*

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# *Teacher Advisement (TA)*







- Four years together!
- Registration → Graduation
- Meet with TA multiple times per week



# *Teacher Advisement (TA)*

## Fall Conferences

- Student check-in
- Planning
- Questions

## Spring Conferences

- Yearly recap
- Course selection
- Planning

# *Athletics*

*Erik Terry*

*Co-Athletics Director*

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# *NHS Athletics*

## *Collective Purpose Statement*

NHS Athletics exists to foster a learning environment reflective of the school's core values, where all student-athletes can compete for the greater purpose of developing personal character and commitment to teamwork and community.

# NHS Sports Teams



Fall Semester		Spring Semester
Fall Season	Winter Season	Spring Season
<ul style="list-style-type: none"> <li>-Girls Tennis</li> <li>-Girls Volleyball</li> <li>-Boys/Girls Cross Country</li> <li>-Girls Golf</li> <li>-Boys Water Polo**</li> <li>-Girls Flag Football</li> <li>-Football**</li> </ul>	<ul style="list-style-type: none"> <li>-Boys Basketball</li> <li>-Girls Basketball</li> <li>-Boys Soccer</li> <li>-Girls Soccer</li> <li>-Wrestling</li> <li>-Girls Water Polo**</li> </ul>	<ul style="list-style-type: none"> <li>-Boys/Girls Track &amp; Field</li> <li>-Boys Tennis</li> <li>-Boys Volleyball</li> <li>-Boys Golf</li> <li>-Baseball</li> <li>-Softball</li> <li>-Boys Lacrosse</li> <li>-Girls Lacrosse</li> <li>-Boys/Girls Swimming &amp; Diving</li> <li>-Off-Season Football**</li> </ul>
<p>**non-cut sport</p>		
<p>Year-Long: Pep Squad &amp; Dance</p>		

***In-season sports practice everyday!***

# Summer Skills Camps

Be sure to have a completed physical! Your student will need it to complete the athletic clearance process prior to camp.

**Tip:** *If you get your physical over the summer, you are cleared for the year!*

NORTHWOOD HIGH SCHOOL 2025 SUMMER SKILLS CAMPS	
<b>PURPOSE</b> NHS Athletics exists to foster a learning environment reflective of the school's core values, where all student-athletes can compete for the greater purpose of developing personal character and commitment to teamwork and community. Camps are open to all current and incoming Northwood students, are purely recreational, and are completely voluntary. Daily attendance aids in development but is not required. Participation in camps is not offered for credit nor is a prerequisite for equal access to athletics during the school year. Fueled by a strong commitment by both our athletes and our coaching staff, Northwood High School's Summer Skills Camps are designed to teach fundamental skills in each sport and to help build up proper strength and conditioning.	
<b>POLICIES</b> Operations of camp (e.g. staffing, equipment, etc.) depend on accurate projections of accounting and budgeting. As such, NHS summer camp administration adheres to the following policies: <ul style="list-style-type: none"><li>No refunds or pro-rating of summer camps</li><li>All student-athletes must be cleared before the start of camp (please see the Athletic Clearance section below)</li><li>An athletic trainer's attendance is NOT guaranteed for the duration of each summer camp</li></ul>	
<b>CAMP DATES, TIMES &amp; CONTACT INFO</b> <a href="https://bit.ly/NHSSummer25">bit.ly/NHSSummer25</a> 	<b>QUESTIONS? EMAIL US!</b> Co-Athletics Directors Sierra Wang - <a href="mailto:SierraWang@iusd.org">SierraWang@iusd.org</a> Erik Terry - <a href="mailto:ErikTerry@iusd.org">ErikTerry@iusd.org</a>
<b>STEP ONE: REGISTER AND PAY FOR SUMMER CAMP</b> There are two ways that you can pay for Summer Camp: <ol style="list-style-type: none"><li>Checks or cash can be dropped off at the school to the SAC (Student Activities Center) with Mrs. Barin<ul style="list-style-type: none"><li>Checks must include the student's name and sport listed on the memo line</li></ul></li><li>Campers can register at the NHS Webstore (QR code at right or <a href="https://bit.ly/AthleticsWebstore">bit.ly/AthleticsWebstore</a>)<ul style="list-style-type: none"><li>See the boxes below for NHS Webstore registration information</li></ul></li></ol> 	
<b>How to Create a Webstore Account</b> Once on the <a href="#">Webstore</a> homepage, click "My Account" then "Register for an Account". Under "Are you a student?", click "Yes" and register your account using your nine-digit student ID number.	<b>How to Register for Summer Camp</b> Once you are logged into your Webstore account, click the dropdown menu under "Product Categories" and click "Athletics". You can then click on individual summer camps to add them to your cart and check out. A 5% fee is added to the cost of the camp to process a credit card payment.
<small>Please note, there is special pricing available for students in the Free and Reduced Meal (FRMP) Program. If you are unsure of your student ID number or want to inquire about the FRMP Program please email the Co-Athletics Directors.</small>	
<b>STEP TWO: ATHLETIC CLEARANCE</b> Camp participants must complete the athletics clearance process online at <a href="http://www.athleticclearance.com">www.athleticclearance.com</a> . Blank physical forms can be printed from the NHS website under Athletics. The clearance process is paperless; nothing needs to be turned in by hand. For questions or assistance, contact the Co-Athletics Directors. <b>All athletics clearances must be completed before the first day of camp in order to participate.</b>	

**Notice of Non-Discrimination in Athletics**  
IUSD does not discriminate in enrollment (j) or access to any athletics program available. Admission to these programs is based on age appropriateness, team roster space, aptitude, and meeting academic and behavioral eligibility requirements. The lack of English skills shall not be a barrier to admission to or participation in the Districts' activities and programs. IUSD's facilities and equipment provided for students are comparable and equitable to both sexes without disparity or imbalance, consistent with his or her gender identity, irrespective of the gender listed on the pupils record. For additional information, see [www.iusd.org](http://www.iusd.org) (Board Policy 5145.5)



# *Ways to Support Athletics*

- Join NHS Athletics Boosters
- Financial Team Rep. (FTR)
- Team “Mom” or “Dad”
- Banquet Organization
- Team Photos
- Social Media Rep





A calendar for August 2025. The header shows 'August' in white on a blue background and '2025' in blue on a yellow background. The days of the week are abbreviated as S, M, T, W, T, F, S. The dates are arranged in a grid. The 1st and 2nd are on a Friday and Saturday respectively. The 3rd is on a Sunday. The 10th, 17th, 24th, and 31st are on Sundays. The 20th is on a Wednesday.

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

- **Athletics Dead Period (June 7th - 20th)**
- 
- **Fall Sports Begin August 4<sup>th</sup>**

# *The Arts*

*Ben Case*

*Department Chairperson*

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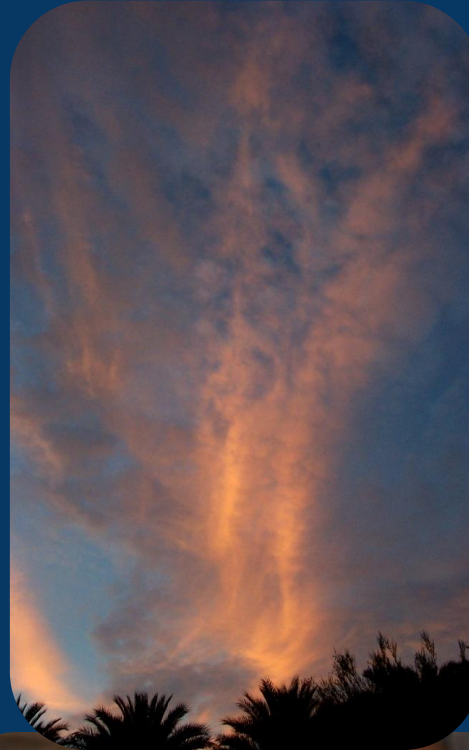
# *The Arts*

- **2D Art/Drawing & Painting**
- **Ceramics and Sculpture**
- **Computer Graphics**
- **Culinary Arts**
- **Dance**
- **Instrumental Music**
- **Maker's Studio**
- **Photo/Visual Imagery**
- **Screen Printing**
- **Theatre and Technical Theatre**
- **Vocal Music**
- **Video Production**





# *NHS Shines in Fine Art*



# *Get Connected, Try Something New!*

- Creative and social outlet
- Fosters sense of belonging and connection with school community
- Students learn transferable “Soft Skills” like problem-solving and collaboration
- More than 80% of the student body is involved in the arts in some way!





# *You Can!*

- NHS schedule promotes taking courses in the Arts
- The block system allows students to take 8 periods provided they are open enrollment classes... like those in the Arts.
- Many students participate in *BOTH* Arts *and* Athletics

# *There's a Place for EVERYONE!*

- Auditions are not required for participation
- Audition/Tryout Flyer Available in Your Packets - see Arts website or table in gym for details
- When in doubt, email teacher



*Unaccompanied*

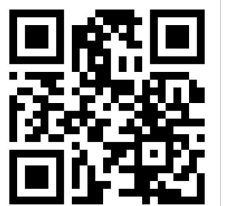
*Minors*

*Dr. Tyler Alessi*

*NHS Choral Group*

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# *PTSA*

*Mike Nystrom & Doaa Abouzeid*

*Parent Teacher Student Association President*

# *Volunteer Opportunities*

- Summer Kick-Off Days
- Student Store
- Staff Appreciation
- Baking
- Language Liaisons
- Legislative Action
- Reflections Art
- Career Speakers
- Grad Night...and MORE!

*Involvement Helps  
Build Community*



# *Parent Organizations*

*Athletics  
Boosters*



*Choral  
Boosters*



*PTSA*



*TIMB Music  
Boosters*





# *Registration*

*Allison Singer*

*Counselor*

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# *NHS Counselors*



**Ms. Kim**



**Ms. Loup**



**Ms. Ostovarpour**



**Ms. Singer**



**Ms. Phenicie**



**Ms. West**

# *Getting Started: Planning Conference*

- **What:** An important first step in planning your student's freshman year at NHS!
- **Who:** Parent, Student, and the NHS Teacher Adviser
- **Date:** **Wednesday, March 26** or **Thursday, March 27**
  - This is the time that you selected
  - Come at your designated conference time!
  - Check your envelope
- **Duration:** 10 -15 minutes
- **Location:** NHS Oak Tree

# Freshman Course Planner



## FRESHMAN SCHEDULE BUILDER 2025-2026

Conference Time:

Name:

ID#:

Advisor:

All freshmen will enroll in Math, Science, English, History, an elective, and PE/Athletics for a minimum of SIX classes, but no more than EIGHT. The classes prefilled below have been recommended by the student's 8th-grade teachers.

\*Humanities and Science classes include an opportunity to earn an Honors designation.

CLASS #1: <b>Humanities 9: World Literature*</b>		CLASS #2: <b>Integrated Science 1*</b>	
CLASS #3: <b>Humanities 9: World History*</b>		CLASS #4:	
<b>CLASS #5: ELECTIVE:</b> Students must enroll in one elective (one year-long class or two semester-long classes). If selecting two semester-long classes, please also select an alternative class. Course #: _____ Course Title: _____			
<b>CLASS #6: PE/DANCE OR CLASS #6 &amp; #7: ATHLETICS/PEP SQUAD</b> <i>All freshmen must register for PE or a Non-Cut Sport for both the fall and spring semesters</i>			
CHOOSE A, B, or C BELOW		OPTIONAL ELECTIVE(S)	OPEN PERIODS
<b>A</b> <b>PE or Dance:</b> <input type="checkbox"/> 4013 Coed PE Fall <input type="checkbox"/> 4014 Coed PE Spring  <input type="checkbox"/> 4441 Dance 1 (no experience) <input type="checkbox"/> Dance 2 or above (audition required)	<b>CLASS #7 (Open Enrollment Only)</b> Course #: _____ Course Title: _____  <b>CLASS #8 (Open Enrollment Only)</b> Course #: _____ Course Title: _____	Students with 6 or 7 classes have the option to arrive late to or leave early from school. Preferences may not be possible based on course selection and availability.  <input type="checkbox"/> Open period 1/2 <input type="checkbox"/> Open period 7/8	
	<b>B</b> <b>Non-Cut Sport:</b> <input type="checkbox"/> 4535 Girls Water Polo and PE <input type="checkbox"/> 4531 Boys Water Polo and PE <input type="checkbox"/> 4545/4546 Football and off-season	<b>CLASS #8 (Any Elective Option)</b> Course #: _____ Course Title: _____	<b>IF NO 8TH CLASS IS SELECTED, THEN SELECT LATE START:</b> <input type="checkbox"/> Open period 1 or 2
<b>C</b> <b>Cut Sport Interest:</b> <b>Fall</b> <input type="checkbox"/> Cross Country <input type="checkbox"/> Girls Flag Football <input type="checkbox"/> Girls Golf <input type="checkbox"/> Girls Tennis <input type="checkbox"/> Girls Volleyball  <b>Winter:</b> <input type="checkbox"/> Basketball <input type="checkbox"/> Soccer <input type="checkbox"/> Wrestling  <b>Spring:</b> <input type="checkbox"/> Baseball <input type="checkbox"/> Boys Tennis <input type="checkbox"/> Boys Golf <input type="checkbox"/> Boys Volleyball <input type="checkbox"/> Lacrosse <input type="checkbox"/> Softball <input type="checkbox"/> Swim & Dive <input type="checkbox"/> Track & Field  <b>Year-long:</b> <input type="checkbox"/> Pep Squad	<b>CLASS #8 (Open Enrollment Only)</b> Course #: _____ Course Title: _____	<b>If the student makes a team/sport, select one of the following:</b> <input type="checkbox"/> Enroll in 8 classes (including open enrollment elective – class #8)  <input type="checkbox"/> Enroll in 6 classes with an open period 1 or 2	

**ZERO PERIOD OPTIONS:** Must also be in PE/Sport; does not count toward total class number.

7550 Marching Band (Quarter 1 only) Must co-enroll in band/orchestra  7563 Color Guard (Quarter 1 only)



# *NHS Freshman Schedule*

## **Six Classes are Required:**

1. Humanities Core: World Literature
2. Humanities Core: World History
3. Integrated Science 1
4. Mathematics
5. Elective Course
6. PE or Open Enrollment/Non-Cut Team Sport



# *Academic Core*

*These courses will  
be viewable in  
Parent Portal on  
Friday.*

Eighth grade teachers have provided us with recommendations for your student's core academic subjects:

- English
- History
- Science
- Mathematics

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# *Elective Options*

All students choose one elective:

- The Arts
- World Language
- CTE - Career Technical Education

There are many pathways a student may want to start during freshman year!

## **Open Enrollment**

- What is it?
- Which classes are designated as Open Enrollment?
- How many Open Enrollment classes can a student take?

\* Refer to your Course Planner Worksheet for more information.



# *PE/Athletics*

## NORTHWOOD ATHLETICS

**All freshmen must be enrolled in Physical Education credit courses:**

- **Co-Ed PE (freshmen only)**
- **Dance**
- **Pep Squad**
- **Sports**





# *Open Periods*

- Students must be enrolled in a minimum of six classes.
- NHS Schedule is made up of eight periods.
- Students with six classes can request one of the following options:
  - Open Periods 1/2 (arrive to school later)
  - Open Periods 7/8 (leave school earlier)

*Preferences may not be available based on course selection and availability.*

*Student Success &  
Well-Being*

*Dr. Leslie Roach*

*Principal*

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# *Beyond Academics*

- Encourage your student to **take advantage of the NHS extracurricular activities**
- Allow for **time with family and friends**

- Encourage your student to **explore their interests** and to **broaden their horizons**
- Take advantage of the **supports offered by the NHS Counseling Team**

- Help your student to **carry a challenging, but manageable, academic load**
- Make sure your student gets **enough sleep**

# *Upcoming Events*

- **March 26 & 27:** Registration (refer to envelope for appointment time)
- **June 7 - 20:** NHS Athletics Dead Period (vacation!)
- **Summer Break: IUSD Data Confirmation**  
(necessary paperwork will be mailed home)
- **August 12:** New to Northwood Night
- **August 13:** Freshmen Kick-Off Day  
(students pick up their books, take pictures, and get class schedule at this time)
- **August 19:** First Day of School



A large crowd of people is gathered on a football field, forming the number 100. The crowd is dense and colorful, filling the field. The background is a green football field with white yard lines and numbers. The text "Thank You for Coming!" is written in a large, bold, black serif font at the top of the image.

# *Thank You for Coming!*

**If you have any questions, please contact:  
Front Office → 949-936-7200**

**Conference Scheduling questions:  
[NHS-Reg@iusd.org](mailto:NHS-Reg@iusd.org)**



**Now, please walk over to the Gym:**

- Coaches, Counselors, and Boosters are available to answer your questions.
- Your student is waiting for you there!

*You've got this!*

Our team is looking forward to meeting with you and your student next week!

