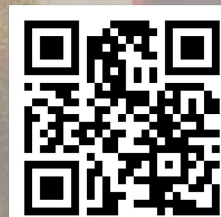


# 欢迎

# 2029 毕业生

# 八年级家庭之夜

Tonight's Presentation  
今晚的演讲



[bit.ly/NewTwolf](https://bit.ly/NewTwolf)

# 欢迎

*Leslie Roach* 博士

校长

Tonight's Presentation  
今晚的演讲



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# 介绍我们

- ☑ 简介
- ☑ 核心价值观：“为了群体的利益”  
(同情、正直、相互尊重)
- ☑ 核心课程(荣誉)
- ☑ 综合课程
- ☑ 人文学科
- ☑ 学校联**結**
- ☑ 平衡与健康







# 学生的观点

*Sailor Kensrue*

# 老师顾问 (TA)

*Isabelle Comtois*

社会科学老师

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今晚的演讲



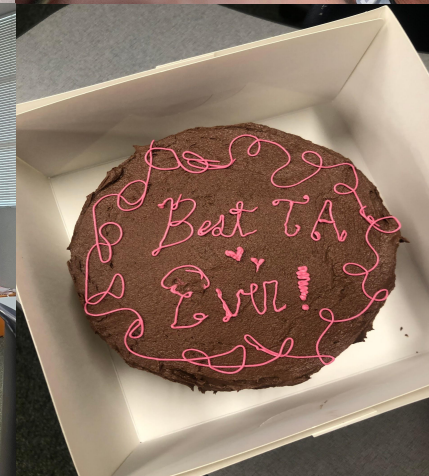
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# 老师顾问 (TA)





- 在一起四年!
- 登记 → 毕业
- 每周与TA见面多次





# 顾问老师 (TA)

## 秋季家长会议

- 老师学生对话
- 规划
- 回答问题

## 春季家长会议

- 年度回顾
- 课程选择
- 规划

# 体育

*Erik Terry*

联合体育主任

Tonight's Presentation  
今晚的演讲



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# *NHS* 体育 集体宗旨声明

NHS 体育部门的存在是为了营造一种反映学校核心价值观的学习环境, 在这里所有学生运动员都可以为了发展个人品格以及对团队合作和社区的承诺这一更大的目标而竞争。

# NHS 运动队

秋季学期		春季学期
秋季	冬季	春季
<ul style="list-style-type: none"><li>-女子网球</li><li>-女子排球</li><li>-男子/女子越野赛</li><li>-女子高尔夫</li><li>-男子水球</li><li>-女子腰旗橄榄球</li><li>-足球**</li></ul> <p>**无需参加运动选拔</p>	<ul style="list-style-type: none"><li>-男子篮球</li><li>-女子篮球</li><li>-男子足球</li><li>-女子足球</li><li>-摔跤</li><li>-女子水球**</li></ul>	<ul style="list-style-type: none"><li>-男孩/女孩田径</li><li>-男孩网球</li><li>-男孩排球</li><li>-男孩高尔夫</li><li>-棒球</li><li>-垒球</li><li>-男孩和女孩长曲棍球</li><li>-男孩/女孩游泳和跳水</li><li>-淡季足球**</li></ul>
全年:啦啦队和舞蹈		

# 夏季技能训练营

一定要进行完整的体检！您的孩子需要通过体检才能在夏令营前完成运动许可程序。



NORTHWOOD HIGH SCHOOL  
2025 SUMMER SKILLS CAMPS



### PURPOSE

NHS Athletics exists to foster a learning environment reflective of the school's core values, where all student-athletes can compete for the greater purpose of developing personal character and commitment to teamwork and community. Camps are open to all current and incoming Northwood students, are purely recreational, and are completely voluntary. Daily attendance aids in development but is not required. Participation in camps is not offered for credit nor is a prerequisite for equal access to athletics during the school year. Fueled by a strong commitment by both our athletes and our coaching staff, Northwood High School's Summer Skills Camps are designed to teach fundamental skills in each sport and to help build up proper strength and conditioning.

### POLICIES

Operations of camp (e.g. staffing, equipment, etc.) depend on accurate projections of accounting and budgeting. As such, NHS summer camp administration adheres to the following policies:

- No refunds or pro-rating of summer camps
- All student-athletes must be cleared before the start of camp (please see the Athletic Clearance section below)
- An athletic trainer's attendance is NOT guaranteed for the duration of each summer camp

CAMP DATES, TIMES & CONTACT INFO	QUESTIONS? EMAIL US!
<p><a href="https://bit.ly/NHSSummer25">bit.ly/NHSSummer25</a></p> 	<p>Co-Athletics Directors Sierra Wang - <a href="mailto:SierraWang@iusd.org">SierraWang@iusd.org</a> Erik Terry - <a href="mailto:ErikTerry@iusd.org">ErikTerry@iusd.org</a></p>

### STEP ONE: REGISTER AND PAY FOR SUMMER CAMP

There are two ways that you can pay for Summer Camp:

1. Checks or cash can be dropped off at the school to the SAC (Student Activities Center) with Mrs. Barin
  - Checks must include the student's name and sport listed on the memo line
2. Campers can register at the NHS Webstore (QR code at right or [bit.ly/AthleticsWebstore](https://bit.ly/AthleticsWebstore))
  - See the boxes below for NHS Webstore registration information



How to Create a Webstore Account	How to Register for Summer Camp
Once on the <a href="#">Webstore</a> homepage, click "My Account" then "Register for an Account". Under "Are you a student?", click "Yes" and register your account using your nine-digit student ID number.	Once you are logged into your Webstore account, click the dropdown menu under "Product Categories" and click "Athletics". You can then click on individual summer camps to add them to your cart and check out. A 5% fee is added to the cost of the camp to process a credit card payment.

Please note, there is special pricing available for students in the Free and Reduced Meal (FRMP) Program. If you are unsure of your student ID number or want to inquire about the FRMP Program please email the Co-Athletics Directors.

### STEP TWO: ATHLETIC CLEARANCE

Camp participants must complete the athletics clearance process online at [www.athleticclearance.com](http://www.athleticclearance.com). Blank physical forms can be printed from the NHS website under Athletics. The clearance process is paperless; nothing needs to be turned in by hand. For questions or assistance, contact the Co-Athletics Directors.

**All athletics clearances must be completed before the first day of camp in order to participate.**

**Notice of Non-Discrimination in Athletics**  
IUSD does not discriminate in enrollment (j) or access to any athletics program available. Admission to these programs is based on age appropriateness, team roster space, aptitude, and meeting academic and behavioral eligibility requirements. The lack of English skills shall not be a barrier to admission to or participation in the District's activities and programs. IUSD's facilities and equipment provided for students are comparable and equitable to both sexes without disparity or imbalance, consistent with his or her gender identity, irrespective of the gender listed on the pupils record. For additional information, see [www.iusd.org](http://www.iusd.org) (Board Policy 5145.5)

# 支持运动的方法

- 加入 NHS Athletics Boosters
- 财务团队代表(FTR)
- 成为队“妈妈”或队“爸爸”
- 宴会组织
- 团队照片
- 社交媒体代表





# NHS 所有运动项目的强制静默期

6月7日至20日

- 秋季运动于8月4日开始

艺术

*Ben Case*

系主任

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今晚的演讲



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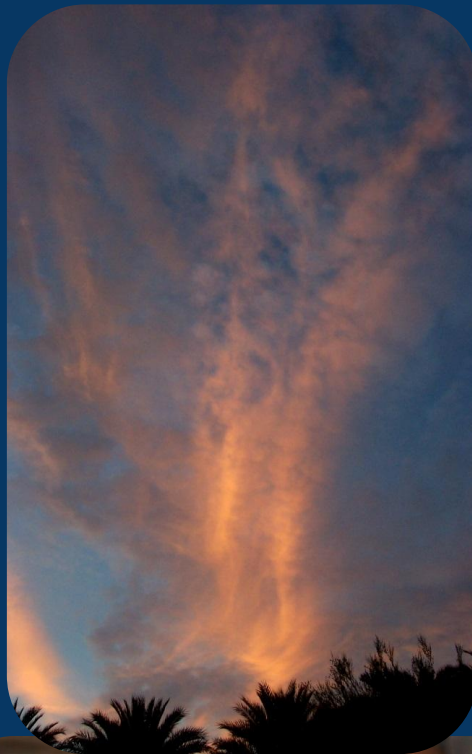


# 艺术

- 2D 艺术/绘画与油画
- 陶瓷与雕塑
- 计算机图形学
- 烹饪艺术
- 舞蹈
- 器乐
- 创客工作室
- 照片/视觉图像
- 丝网印刷
- 戏剧与技术剧院
- 声乐
- 视频制作



# NHS 在美术中绽放光彩



# 建立联系，尝试新事物！

- 创意和社交管道
- 培养归属感和与学校社区的联系
- 学生学习可转移的“软技能”，例如解决问题和协作
- 超过 80% 的学生都以某种方式参与艺术！



# 你可以！

- NHS 时间表促进学习艺术课程
- 分段制度允许学生选修 8 节课, 只要它们是开放注册课程... 就像艺术类课程一样
- 许多学生同时参与艺术和体育活动

# 每個人都有一席之地！

- 参加不需要试镜
- 试镜/选拔传单包含在您的资讯包中 - 详情请见艺术网站或体育馆内的表格
- 如有疑问，请给老师发电子邮件

# 单枪匹马的未成年 人

*Dr. Tyler Alessi*

*NHS* 高中合唱团

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# PTSA

*Mike Nystrom & Doaa Abouzeid*

家长教师学生会主席

# 志愿者机会

- 夏季活动启动日
- 学生商店
- 工作人员致谢日
- 烘焙
- 语言联络员
- 立法行动
- 反思艺术
- 职业演讲者
- 毕业之夜... 以及更多！

**的参与有助于  
建立社群**





# 家长组织

体育



合唱



*PTSA*



器乐



# 新生报名

*Allison Singer*

辅导顾问

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# NHS 辅导顾问



Ms. Kim



Ms. Loup



Ms. Ostovarpour



Ms. Singer



Ms. Phenicie



Ms. West

# 开始行动！ 规划会议！

- 內容：規劃學生在 NHS 學校高中一年級的重要第一步！
- 人員：家長、學生和 NHS 教師顧問
- 日期：您選擇的時間 3 月 26 日，星期三 或 3 月 27 日，星期四
- 請檢看你的信封！
- 請您在指定的會議時間前來參加！
- 持續時間：10-15 分鐘
- 地點：NHS 橡樹
-

# 新生课程规划表



## FRESHMAN SCHEDULE BUILDER 2025-2026

Conference Time:

Name:

ID#:

Advisor:

All freshmen will enroll in Math, Science, English, History, an elective, and PE/Athletics for a minimum of SIX classes, but no more than EIGHT. The classes prefilled below have been recommended by the student's 8th-grade teachers.

\*Humanities and Science classes include an opportunity to earn an Honors designation.

CLASS #1: <b>Humanities 9: World Literature*</b>		CLASS #2: <b>Integrated Science 1*</b>	
CLASS #3: <b>Humanities 9: World History*</b>		CLASS #4:	
<b>CLASS #5: ELECTIVE:</b> Students must enroll in one elective (one year-long class or two semester-long classes). If selecting two semester-long classes, please also select an alternative class. Course #: _____ Course Title: _____			
<b>CLASS #6: PE/DANCE OR CLASS #6 &amp; #7: ATHLETICS/PEP SQUAD</b> <i>All freshmen must register for PE or a Non-Cut Sport for both the fall and spring semesters</i>			
CHOOSE A, B, or C BELOW		OPTIONAL ELECTIVE(S)	OPEN PERIODS
<b>A</b> <b>PE or Dance:</b> <input type="checkbox"/> 4013 Coed PE Fall <input type="checkbox"/> 4014 Coed PE Spring  <input type="checkbox"/> 4441 Dance 1 (no experience) <input type="checkbox"/> Dance 2 or above (audition required)	<b>CLASS #7 (Open Enrollment Only)</b> Course #: _____ Course Title: _____ <b>CLASS #8 (Open Enrollment Only)</b> Course #: _____ Course Title: _____	Students with 6 or 7 classes have the option to arrive late to or leave early from school. Preferences may not be possible based on course selection and availability.  <input type="checkbox"/> Open period 1/2 <input type="checkbox"/> Open period 7/8	
	<b>B</b> <b>Non-Cut Sport:</b> <input type="checkbox"/> 4535 Girls Water Polo and PE <input type="checkbox"/> 4531 Boys Water Polo and PE <input type="checkbox"/> 4545/4546 Football and offseason	<b>CLASS #8 (Any Elective Option)</b> Course #: _____ Course Title: _____	<b>IF NO 8TH CLASS IS SELECTED, THEN SELECT LATE START:</b>  <input type="checkbox"/> Open period 1 or 2
<b>C</b> <b>Cut Sport Interest:</b> <b>Fall</b> <input type="checkbox"/> Cross Country <input type="checkbox"/> Girls Flag Football <input type="checkbox"/> Girls Golf <input type="checkbox"/> Girls Tennis <input type="checkbox"/> Girls Volleyball  <b>Winter:</b> <input type="checkbox"/> Basketball <input type="checkbox"/> Soccer <input type="checkbox"/> Wrestling  <b>Spring:</b> <input type="checkbox"/> Baseball <input type="checkbox"/> Boys Tennis <input type="checkbox"/> Boys Golf <input type="checkbox"/> Boys Volleyball <input type="checkbox"/> Lacrosse <input type="checkbox"/> Softball <input type="checkbox"/> Swim & Dive <input type="checkbox"/> Track & Field  <b>Year-long:</b> <input type="checkbox"/> Pep Squad	<b>CLASS #8 (Open Enrollment Only)</b> Course #: _____ Course Title: _____	<b>If the student makes a team/sport, select one of the following:</b> <input type="checkbox"/> Enroll in 8 classes (including open enrollment elective – class #8)  <input type="checkbox"/> Enroll in 6 classes with an open period 1 or 2	

**ZERO PERIOD OPTIONS:** Must also be in PE/Sport; does not count toward total class number.

7550 Marching Band (Quarter 1 only) Must co-enroll in band/orchestra  7563 Color Guard (Quarter 1 only)

# NHS 新生课程表

需要上六节课！

1. 人文学科核心: 世界文学
2. 人文学科核心: 世界历史
3. 综合科学 1
4. 数学
5. 选修课
6. 体育课或开放式注册课程/非削减  
团队运动



# 学术核心

这些课程将  
于周五在  
*Parent Portal*  
上查看。

八年级老师向我们提供了针对您学生的核心学术科目的建议：

- 英语
- 历史
- 科学
- 数学

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# 选修课程

所有学生选择一门选修课：

艺术

世界语言

CTE - 职业技术教育

学生可以从高中一年级开始选择多种途径！

## 开放注册

什么是开放式注册？  
哪些课程被指定为开放注册课程？  
学生可以选几门开放报名课程？

\*\* 更多信息，请参阅“课程计划表”。



# 体育课/运动课

所有高一学生必须修读体育学分课程：

- 男女混合体育(限高一学生)
- 舞蹈
- 鼓动队伍
- 体育



# 开放课时间

- 学生必须至少注册六门课程.
- NHS 课程表由八节课组成.
- 上六节课的学生有以下选项:
  - 开放课时间 1/2 (较晚到达学校)
  - 开放课时间 7/8 (提早放学)

根据课程选择和空位, 可能无法满足学生的偏好.

# 学生成功 & 健康

*Dr. Leslie Roach*

校长

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# 学术研究之外

- 鼓励您的学生参加 NHS 课外活动
- 留出时间与家人和朋友在一起
- 鼓励您的学生探索他们的兴趣并拓宽他们的视野
- 利用 NHS 顾问团队提供的支持
- 帮助您的学生完成具有挑战性，但可控制的学业负担
- 确保您的学生有足够的睡眠

# 即将举行的活动

- 3月26日和27日:注册(请参考信封了解 预约时间)
- 6月7日至20日:体育运动停滞期(暑假)  
暑假 – IUSD **数据确认** (必要的文档将 邮寄回家)
- 八月 12: 新生 Northwood 之夜
- 八月 13: 新生启动日  
(学生此时领取书本、身份证、课程表)
- 八月 19: 学校第一天

# 感谢您的到来!

如果您有任何疑问, 请联络  
前台办公室 → 949-936-7200

会议安排问题:  
[NHS-Reg@iusd.org](mailto:NHS-Reg@iusd.org)

现在，请前往 NHS 体育馆：

- 教练、辅导顾问和助教可以回答您的问题。
- 您的学生那里等您！

**您行的！**

NHS 团队期待下周与您和您的学生会面！

