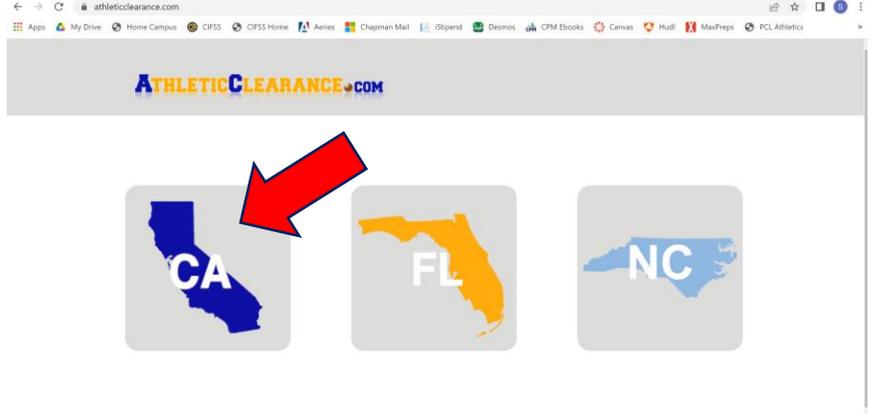
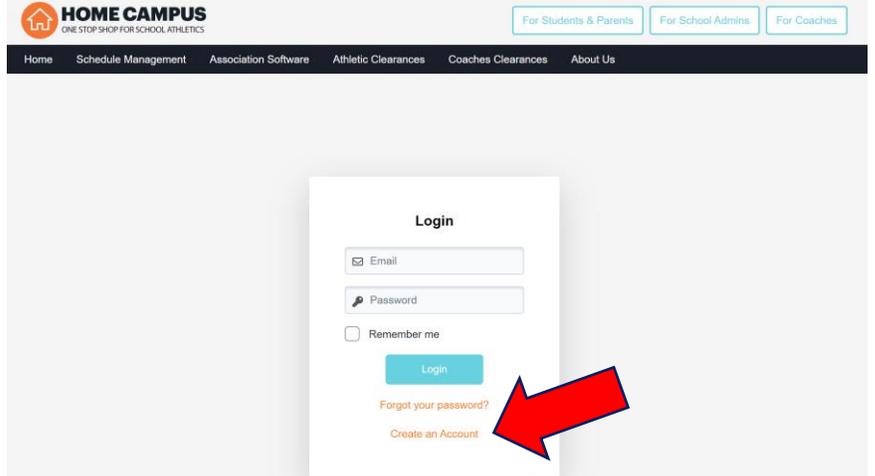
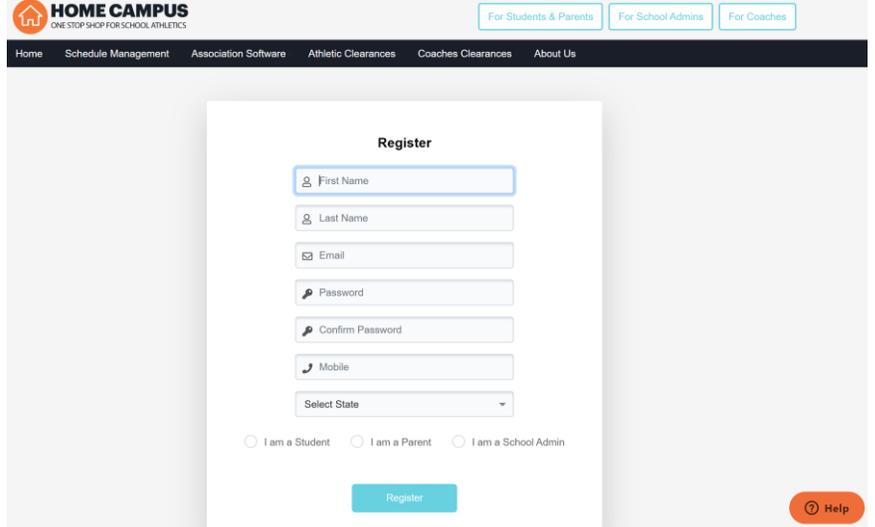
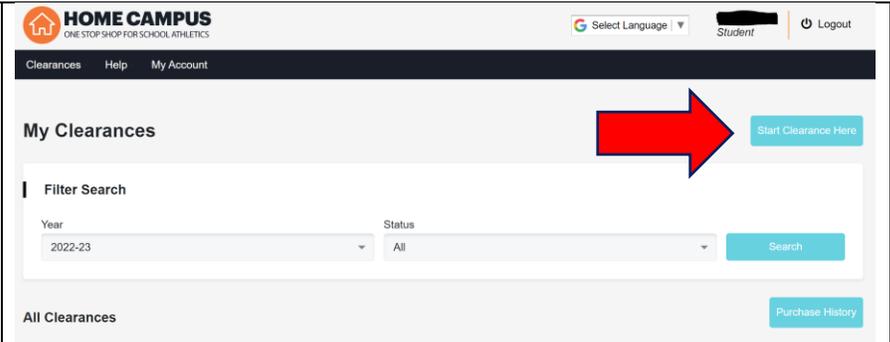
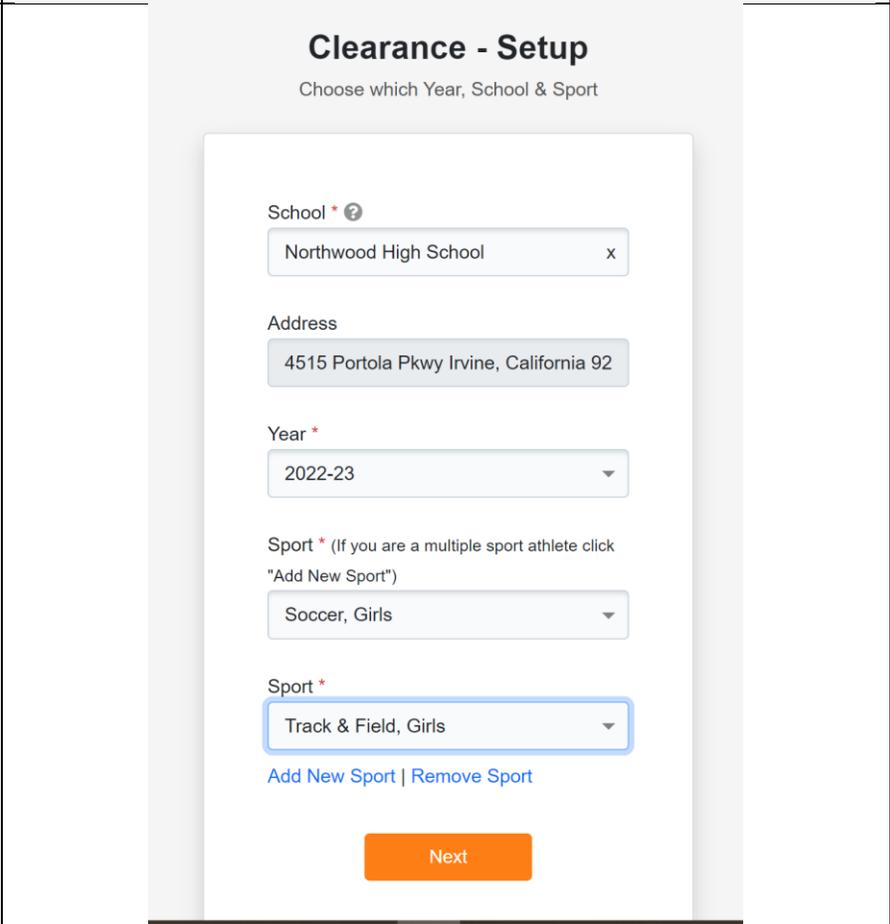
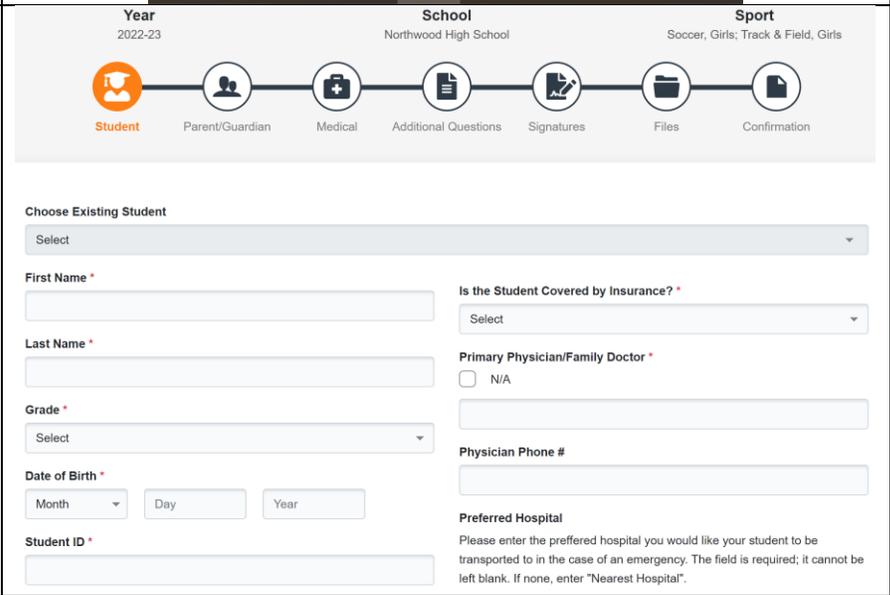


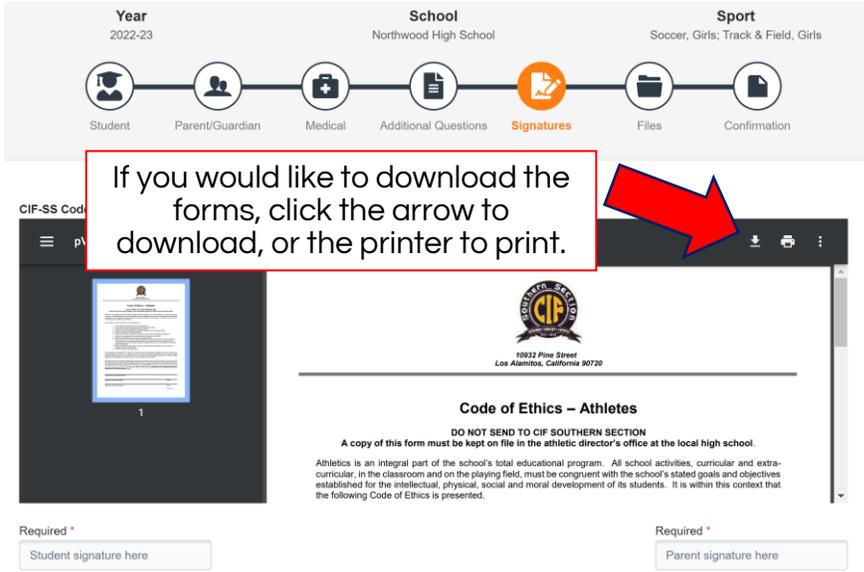


Athletic Clearance Instructions New Student-Athletes



Step	Directions	Screenshot
1.	<p>Visit www.athleticclearance.com and click on "CA"</p>	
2.	<p>If this is your first athlete at Northwood, click on "Create an Account". If you are a returning parent, log in to your existing account and skip ahead to Step 6.</p>	
3.	<p>Provide the following information to create an account. Be sure to provide a valid email address and password because you will have to verify your email address before you can begin any clearance. Once you click the bubble for either being a student or a parent, click "Register".</p>	
4.	<p>Once you create an account you will verify your account by checking your email and clicking on the link provided in your email. If the email doesn't show up in your inbox, check your junk or spam folders.</p>	
5.	<p>After you click on the link contained in your email, you will be able to start the clearance process. Go to www.athleticclearance.com and log in to your account with your email (username) and password.</p>	

<p>6.</p>	<p>Click "Start Clearance Here" in the upper right corner</p>	
<p>7.</p>	<p>Under "School" start typing "Northwood High School". Once Northwood appears, click on it. The address should auto-fill. Click the school year. Then add the sport that your student plans to participate in. If your student plans to participate in multiple sports, click "Add New Sport" and continue to add the sports that your student will participate in. Once completed, click "Next."</p>	
<p>8.</p>	<p>Enter in the information about your student. Once the information is completed, choose "Save and Continue".</p>	

9.	<p>Next you will complete the parent/legal guardian information. If only one parent/guardian, then click the orange swiper next to "Parent/Guardian #2" to turn it off. The emergency contact information must be someone other than a parent. Once completed, click "Save and Continue".</p>	
10.	<p>The next step is filling out the medical history section by answering "yes" or "no" to the conditions that apply. If "yes", you may be prompted to provide additional explanations. At the bottom of this page you can download a blank physical form that must be completed by a healthcare provider if you do not already have one. Click "Save and Continue".</p>	
11.	<p>The next section has 2 additional questions. The shirt size may be shared with coaches who wish to purchase athlete gear for their athletes. Please answer both questions then click "Save and Continue".</p>	
12.	<p>Next is the signatures section. In this section both the parent/guardian and the student will need to read the form(s) provided and type in their name on the line requesting an online signature indicating that you have read, understood, and will adhere to the corresponding text. Your signature must be an exact match to the information that was entered on the Student and Parent Information Page or you will not be able to continue past this page. If you would like to download any of the forms, please click the arrow on the top right of the document. If you would like to print any of the forms, please click the printer next to the arrow. Once you have completed the signatures, click "Save and Continue".</p>	
13.	<p>The physical form must be filled-out by the healthcare provider who is conducting the physical. Physical forms are valid for 1 full year from the date of the exam. Once completed, scan the physical form. Under "Physical Form" click the blue plus sign, then click "Browse" to upload the completed physical form. If you need to add more than one file, you can click the blue plus sign again to add another file.</p>	

14. Under "Proof of Insurance" you must upload a photo of your medical insurance card. Then click "Save and Continue".

15. At the bottom of the confirmation message, click "Print". Sign this form, scan it and save it to your computer, then click "Back to Clearances". Once on the screen below, click "Files". Click the blue plus sign under "Confirmation Page" to upload the signed confirmation page. Click "Save and Continue" then "Back to Clearances". And you are done!

Year	Sports	Status	Student	Submitted by
2022-23	Soccer, Girls	Pending	Sierra Wang	Sierra Wang
2022-23	Track & Field, Girls	Pending	Sierra Wang	Sierra Wang

You are **NOT CLEARED** to participate in Northwood Athletics until all of the above steps are completed and verified by the school and you receive an email indicating that your student-athlete is cleared. If you have any questions or concerns please email the Co-Athletics Directors.

Brandon Emery – BrandonEmery@iusd.org

Sierra Wang – SierraWang@iusd.org