



# FRESHMAN SCHEDULE BUILDER 2022-23

Name:

**SAMPLE**

All freshmen will enroll in English, History, Math, Science, and PE/Athletics.

ID #:

The classes indicated below have been recommended by the student's 8<sup>th</sup> grade teachers.

Advisor:

<b>1</b>	<u>HUMANITIES CORE (ENGLISH)</u>	<b>2</b>	<u>HUMANITIES CORE (HISTORY)</u>	<p><b>ATHLETICS TEAM INTEREST</b> Indicate the team(s) that the student plans to try out for and indicate preferred elective options:</p> <p><b>Fall</b></p> <input type="checkbox"/> Girls Tennis <input type="checkbox"/> Girls Volleyball <input type="checkbox"/> Cross Country <input type="checkbox"/> Girls Golf <p><b>Winter</b></p> <input type="checkbox"/> Boys/Girls Basketball <input type="checkbox"/> Boys/Girls Soccer <p><b>Spring</b></p> <input type="checkbox"/> Boys/Girls Track <input type="checkbox"/> Boys/Girls Swimming <input type="checkbox"/> Boys Tennis <input type="checkbox"/> Boys Volleyball <input type="checkbox"/> Boys Golf <input type="checkbox"/> Baseball <input type="checkbox"/> Softball <input type="checkbox"/> Boys/Girls Lacrosse <p><b>Year-Long</b></p> <input type="checkbox"/> Pep Squad <input type="checkbox"/> Dance 2 or Above	
<b>3</b>	<u>MATH</u>	<b>4</b>	<u>SCIENCE</u>		
<p><b>PE/SPORTS</b> All freshmen must register for <b>PE</b> or a <b>Non-Cut Sport</b> for both the fall and spring semesters. If the student wants to try out for a <b>Cut Sport/Pep Squad/Dance 2 or above</b>, select PE. The schedule will be adjusted when the student makes the sport/team.</p>					
<b>5</b>	<p><b>Fall Semester</b></p> <p><b>Physical Education</b></p> <input type="checkbox"/> 4013 Coed PE Fall <i>Complete Athletics Team Interest section (right) if student is interested in trying out for a Cut Sport/Pep Squad/Dance 2 (or above).</i>		<p><b>Non-Cut Sport</b></p> <input type="checkbox"/> 4531 Boys Water Polo <input type="checkbox"/> 4535 Girls Water Polo <input type="checkbox"/> 4635 Wrestling <input type="checkbox"/> 4545 Football		
<b>OR</b>					
<p><b>Spring Semester</b></p> <p><b>Physical Education</b></p> <input type="checkbox"/> 4014 Coed PE Spring <i>Complete Athletics Team Interest section (right) if student is interested in trying out for a Cut Sport/Pep Squad/Dance 2 (or above).</i>					
<p><b>Non-Cut Sport</b></p> <input type="checkbox"/> 4546 Football Off-Season <i>(only if student chose Football for fall semester)</i>		<b>OR</b>			
<b>6</b>	<p><b>ELECTIVE</b> All students must enroll in one elective (<b>one</b> year-long class or <b>two</b> semester-long classes).          Course #(s) _____ Course Title(s) _____</p>				
<b>7/8</b>	<p><b>ADDITIONAL ELECTIVE(S)</b> Six classes are required; additional electives are optional.</p> <table style="width:100%; border: none;"> <tr> <td style="width: 50%; padding: 5px;"> <p>If the student enrolled in PE: Add up to two of the Open Enrollment Electives (classes listed <b>IN BOLD</b> on the Electives list).</p> <input type="checkbox"/> Course # _____ Course Title _____  <input type="checkbox"/> Course # _____ Course Title _____ </td> <td style="width: 50%; padding: 5px;"> <p>If the student enrolled in a Non-Cut Sport: Add any additional elective from the elective list or opt for an open period 1 or 2.</p> <input type="checkbox"/> Course # _____ Course Title _____  <input type="checkbox"/> Open period 1 or 2 </td> </tr> </table>			<p>If the student enrolled in PE: Add up to two of the Open Enrollment Electives (classes listed <b>IN BOLD</b> on the Electives list).</p> <input type="checkbox"/> Course # _____ Course Title _____ <input type="checkbox"/> Course # _____ Course Title _____	<p>If the student enrolled in a Non-Cut Sport: Add any additional elective from the elective list or opt for an open period 1 or 2.</p> <input type="checkbox"/> Course # _____ Course Title _____ <input type="checkbox"/> Open period 1 or 2
<p>If the student enrolled in PE: Add up to two of the Open Enrollment Electives (classes listed <b>IN BOLD</b> on the Electives list).</p> <input type="checkbox"/> Course # _____ Course Title _____ <input type="checkbox"/> Course # _____ Course Title _____	<p>If the student enrolled in a Non-Cut Sport: Add any additional elective from the elective list or opt for an open period 1 or 2.</p> <input type="checkbox"/> Course # _____ Course Title _____ <input type="checkbox"/> Open period 1 or 2				
<p><b>ZERO PERIOD OPTIONS</b> Must also be in PE/Sport; does not count toward total class number.</p> <input type="checkbox"/> 7550 Marching Band (Quarter 1 only) Must co-enroll in band/orchestra. <input type="checkbox"/> 7563 Color Guard (Quarter 1 only)		<p><b>LATE START / EARLY END</b> Students with 6 or 7 classes have the option to arrive late to or leave early from school. Preferences may not be possible based on course selection and availability.</p> <input type="checkbox"/> Open period 1/2 <input type="checkbox"/> Open period 7/8			
<p><b>ELECTIVE OPTIONS</b></p> <p><i>If the student makes the selected team(s), a student may add an additional elective from the elective list or opt for an open period 1 or 2.</i></p> <input type="checkbox"/> Open period 1 or 2 <input type="checkbox"/> Add the following electives to their schedule: <p>1st choice elective: _____</p> <p>2nd choice elective: _____</p>					



# FRESHMAN ELECTIVE REFERENCE GUIDE

2022-23

## ELECTIVES

Choose one (1) elective from the following list. The student may select up to two (2) more electives if they are OPEN ENROLLMENT courses.

- **Open Enrollment** classes are listed in **BOLD**.
- Courses with \* meet a UC/CSU requirement for admission.
- If you are interested in auditioning for a more advanced vocal music, instrumental music, or dance class, please sign up for the open-level class listed and contact the NHS teacher to arrange an audition.

### ARTS

- 7270/7271 Computer Graphics A/B\*
- 7098/7099 Video Production A/B\*
- 7007/7008 Intro to Art A/B\*
- 7336/7337 Screen Print Design A/B\*
- 7214/7215 Visual Imagery A/B\* (Photography)
- 7585/7586 Guitar Studio A/B\*
- 4441/4442 Dance Technique 1 A/B\*
- 7107/7108 Ceramics A/B\*
- 7508/7509 Concert Band A/B\***
- 7527/7528 String Orchestra A/B\***
- 7637/7638 Bass Clef A/B\***
- 7644/7645 Treble Clef A/B\***
- 7753/7754 Creative Drama A/B\***
- 7765/7766 Technical Theater A/B\***
- 7563 Color Guard Q1**

(Must be co-enrolled in PE. Does not count towards total class number.)

**7550 Marching Band**

(Must be co-enrolled in band or orchestra and must also be in PE/Sport. Does not count towards the total class number.)

### WORLD LANGUAGES

- 2611/2612 Amer. Sign Lang. 1 A/B\*
- 2012/2013 French 1 A/B\*
- 2022/2023 French 2 A/B\*
- 2410/2412 Korean 1 A/B\*
- 20000/20001 Korean 2 A/B\*
- 2312/2313 Spanish 1 A/B\*
- 2322/2323 Spanish 2 A/B\*

### GENERAL ELECTIVES

- 1599/1600 Beginning Journalism
- 8005 Health (semester)
- 8820 Intro to Foods (semester)
- 2348 Language, Culture & Identity (semester)
- 9709/9710 Tech Staff**

### BLENDED LEARNING

See a counselor for more information!

## ATHLETICS REFERENCE GUIDE

Fall Semester		Spring Semester	Year-Long
Fall Season	Winter Season	Spring Season	
-Girls Tennis -Girls Volleyball -Boys/Girls Cross Country -Girls Golf -Boys Water Polo** -Football**	-Boys Basketball -Girls Basketball -Boys Soccer -Girls Soccer -Wrestling** -Girls Water Polo**	-Boys/Girls Track & Field -Boys Tennis -Boys Volleyball -Boys Golf -Baseball -Softball -Boys/Girls Lacrosse -Boys/Girls Swimming & Diving -Off-Season Football**	-Pep Squad -Dance 2 or higher

\*\*Indicates non-cut sport